



SURVIVAL GUIDE FOR INTERNATIONALS IN PARIS



ESN

Erasmus Student Network
Paris

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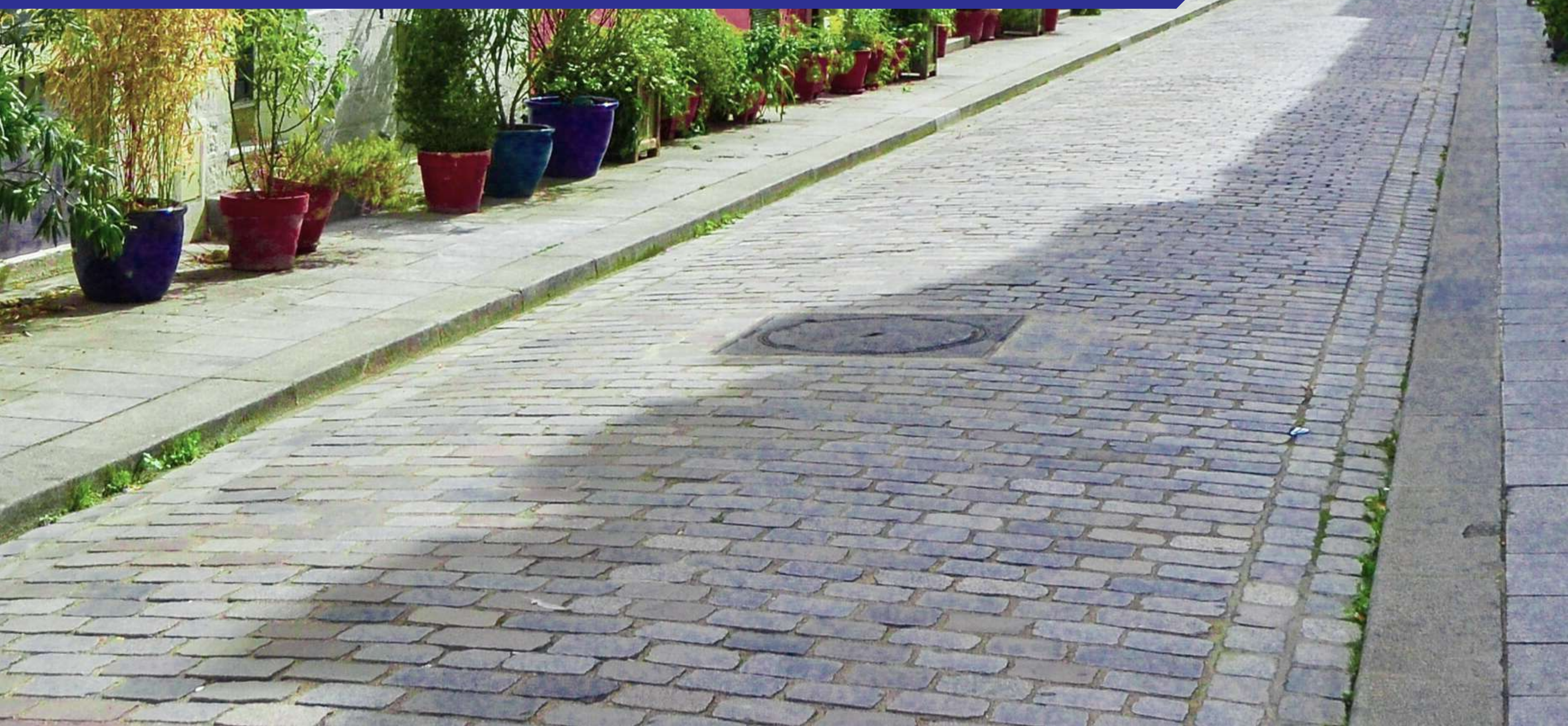
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PRESENTATION OF ESN PARIS



Welcome note from the President



Jihane Fares

Hey you !

Here you are in Paris, ready to live this new experience that is being offered to you. Fear of change, of leaving your comfort zone, apprehension ... it's all behind you now! A new adventure begins for you and the city of Paris is delighted to take you in its arms.

And because mobility is also sharing, ESN Paris will accompany you throughout your stay, to be sure that you experience the real Parisian life!

On behalf of the ESN Paris volunteers I welcome you to our city! We have prepared a lot of great activities for you, help, support... and above all a nice welcome to inaugurate this new chapter of your life!

We didn't want you to feel lost. at your arrival, so we have created a little survival guide for you in Paris. Keep it safe, it will be useful and will make your life easier.

And don't forget, don't fear ESN is here!

Looking forward to seeing you at one of our next events.

Find us



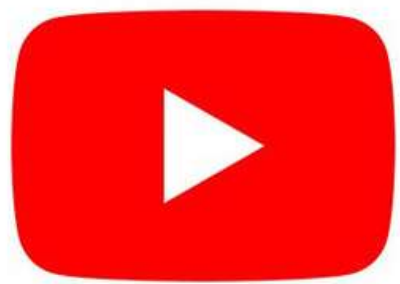
**ESN Paris – Erasmus Student
Network**



esnparis



@ESN_Paris



esn.paris/youtube



go.esn.paris/whatsapp



www.esn.paris

Presentation of ESN Paris

Erasmus Student Network (ESN) is the largest student association in Europe. This network, created in 1989 and approved by the European Commission, now has 526 sections in 40 countries.

Its missions are to help and to develop student exchanges, to encourage cultural understanding and personal development of students through exchanges.

ESN Paris is the Parisian section of the Erasmus Student Network (ESN). We are responsible for the reception and integration of Erasmus and international students, as well as the promotion of the European mobility programme Erasmus+ in the French capital.

ESN Paris is an association entirely run by students. New volunteers join us all year round, bringing new ideas and growing enthusiasm. Most of our volunteers have already studied abroad, so they understand the challenges that newcomers may face.



Events

Welcome Week

To get to know and start your stay, ESN Paris organizes a week of welcome full of events at the beginning of the semester! Night visit, speed-friending, evenings... ESN Paris plans a varied program, which will please everyone!



Café des Langues

Café de Langues is the perfect opportunity to meet other foreign students like you or locals. Every Monday from 8pm we invite you to the Royal Est (129 Rue du Faubourg Saint Martin, 75010 Paris) where you will find different activities each week.

One Nation Party

The biggest annual event of ESN Paris. The aim is to showcase the association by completely organizing a party for all those who want to have fun in an Erasmus atmosphere.



Parties

How about a glass of champagne on the Seine or a night out? ESN Paris has it all planned! We organize parties in pubs, boats, nightclubs, but also theme nights!

Erasmus in School

Throughout the year, as an international student, we suggest that you meet with high school or university students! You will be able to talk about your experience in France, but also about your home country.



Cultural Visits

Come with us to discover the most beautiful French districts and museums. From the Louvre to the Catacombs, via the Palace of Versailles or Fontainebleau, ESN Paris offers you to discover the emblematic places of the capital and its surroundings!

International Dinner

Meals where everyone brings a specialty from their country to discover dishes from all over the world and vote for the best cook of the evening!



Trips

Because your Erasmus can also be experienced outside of the Ile-de-France! That's why we organize trips to discover France.

Buddy System

The Buddy System is a system of sponsorship between a local student and an international student (both named as Buddy) according to the interests and tastes of each.

Then ESN Paris tries to create the most relevant pair between them. This allows the international student to practice French, discover Paris and France in a more authentic way. For the French student, it is an opportunity to open up to another language and another culture, while sharing his vision of the city.

Get a buddy! Register online :

buddysystem.eu

Thanks to the different outings and evenings with your Buddy, the Buddy System will allow you to create lasting international friendships.



ESNcard

The ESNcard is the membership card for ESN and Erasmus Generation. This will allow you to have discounts at certain events and trips organized by ESN. Thanks to this card, you will also have discounts or benefits for partnerships with ESN throughout Europe, for 12 months!



How do I get an ESNcard?

You can come to the Café de Langues to pay and get your card immediately. You can advance the payment in go.esn.paris/esncard and come to the Café de Langues later.



You will then have to register your card by creating an account in esncard.org/register and activate your card by indicating your number. That number is on your card under the ESN Section and has 7 numbers and 4 letters.

Our partnerships

Here are a few examples of partners offering benefits upon presentation of the ESNcard:

BAR
LE ROYAL EST

Tous les lundis, bière à 4€ au Café des Langues !

 **RYANAIR**

10% discount on 4 flights + free luggage



Intergenerational housing/accommodation services

spotahome

25% discount on service charges with
ESNPARIS25



€80 offered when opening an account at the
bank rue Assas

onlyone

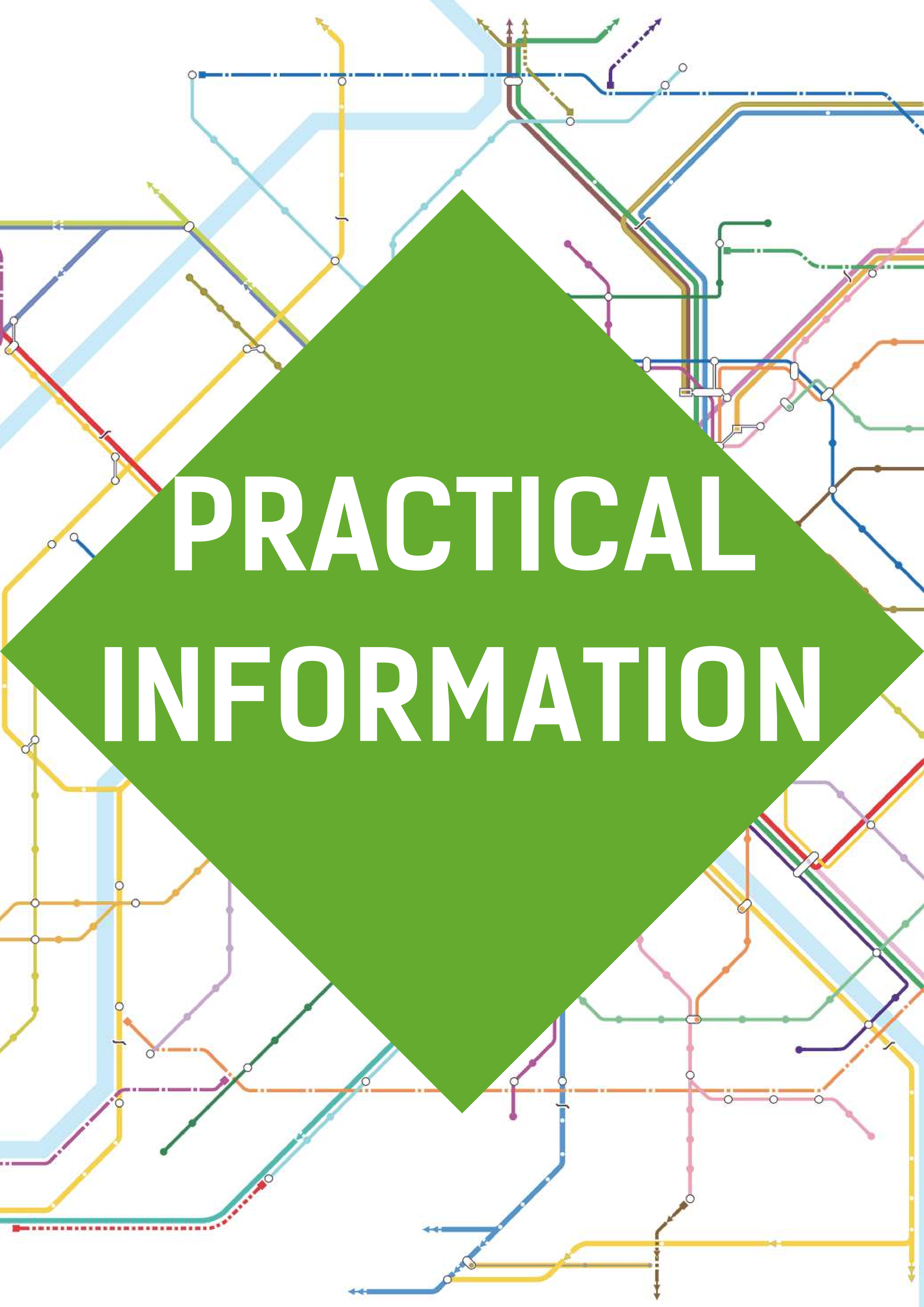
1st month free then 3 euros/ per month with
promo code ESN



Special prices with the ESNcard



Access to the ESN Menu



PRACTICAL INFORMATION

Opening a bank account

Opening a French bank account can be useful for your Parisian life. This avoids transfers and the costs associated with it and makes it easier to get paid if you want to work here as well as the payment of your rent.

ESN Paris has a partnership with the Société Générale bank. By joining the association and showing your ESNcard at the counter, you can benefit from €80 free when you open your account.



**Address of the partner bank :
28 rue d'Assas,
75006 Paris**

Documents to be presented at the counter :

Proof of address

Rent receipt, water/electricity bill

Identity document

ID card, passport

ESNcard

Get a phone subscription

Super important to stay in touch!

To do this, you have several possibilities: :

- **The prepaid phone that you can credit whenever you want**
- **The package with or without commitment.**
 - **An amount will be charged all the months in your French bank account.**

We advise you to take out a non-binding package deal so that you can stop it as soon as you leave and enjoy unlimited internet access. B&YOU (Bouygues télécom), Free Mobile, Sosh (Orange) and Red (SFR) are the less expensive phone companies

Beware! Free Mobile is one of the cheapest ones but the signal can sometimes be a little unreliable. The same is true for RED and SFR, whose quality has deteriorated significantly in recent years. Nevertheless, using your phone only in Paris shouldn't be a problem.

Don't hesitate to subscribe from your Internet browser because sometimes the offers are even less expensive. They can be between 10€ and 20€ per month.



free



Accommodation in Paris

Finding an accommodation can quickly become a puzzle in Paris! The rents are expensive and many students move to the suburbs or share a flat with other students.

Crous



Is a public organization that manages university residences in affordable prices. In order to hopefully have a place, you have to make your application on the sooner rather than later.

You will find more information:

crous-paris.fr

Where to look

To find your accommodation we advise you to search some sites and Facebook groups of which here is a non-exhaustive list:

pap.fr – lacartedescolocs.fr – uniplaces.com – appartager.com – seloger.com – leboncoin.fr

FACEBOOK:

ESN Erasmus Paris 2022–2023 (officiel)

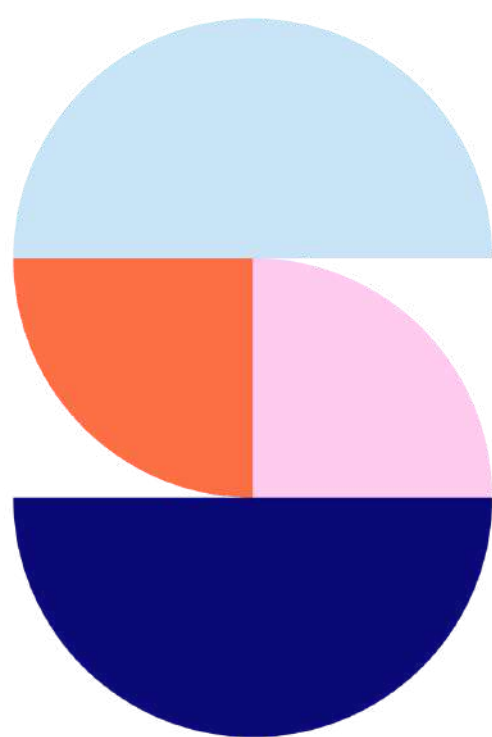
Plan appart à Paris – Wanted Logement, colocation & Sous location

WHATSAPP:

Ask us for the invitation link

Our partners

Here is a list of partners for your housing search:



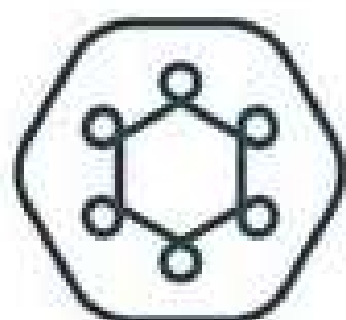
Spotahome allows you to rent apartments verified by their teams, which will save you time and money but also avoid crockery.

<https://paris.esnfrance.org/spotahome/>

colette

Colette helps you to find a room for 3 and 12 months. This is your chance to have an intergenerationally experience!

<https://esncard.org/discount/colette-club>



cohabs

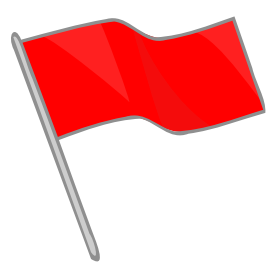
Platform to find the ideal place to live in a shared apartment in Paris.

Personalized housing assistance

In France, there is a public entity that gives aid to pay the rent. Usually they are given after the 3rd month's rent. To apply, go to caf.fr.



Beware of scams



You have to be very vigilant and avoid ads/publications that ask you to pay with a cash transfer! Avoid paying for a property that you haven't visited.

How to recognise and avoid scams in Paris



To send money for the reservation

You must never pay money before signing the lease! Visits and signature are also always free



Photos unrelated to the place

An advertisement seems too good to be true? Run away.



Low rent compared to the market

Check the proposed rates by comparing them with market prices



Owner in a foreign country

The owner lives abroad and is very busy to come just for a visit? Beware of it...



Erasmus Student Network
Paris



Moving around

Paris is a great city! If it's not as big as London, it nevertheless has one of the most extensive transport networks in the world.

Public transport

The Paris public transport network is composed of metro, RER, bus, tram and Transilien.

The two main public transport operators are the RATP (metro) and the SNCF (trains), and your ticket can be used on both railways in Île-de-France.

Tickets



If you don't have a subscription or if you don't use too much public transport, you can buy a subway ticket.

Single tickets are 2,10€, in booklets of 10 they are 19,10€. This fare is valid for metro, bus, tram and RER inside Paris. If you need to use the RER outside of Paris, you have to buy a RER ticket for the right zone.

You can also take a "Navigo Easy" reload card for 2€, which allows you to load t+ tickets (unit, full fare book, reduced fare book), OrlyBus and RoissyBus and Navigo Day Packages. The pass is valid for 10 years and the price of the tickets remains the same, but it's more environmental friendly!

There are several types of subscriptions for the Île-de-France region. It depends on your situation and the length of your stay.

Imagine'R card

For students under 26 years.

Annual subscription for the entire region and allows you to travel unlimited on all types of public transport throughout the region on a daily basis.

Its price is €350 payable in one go or €37.90 in 10 instalments.

We recommend this card if you stay at least 5 months in France.

If you stay for less than a year, you can cancel your subscription before the last 3 months, here :

<https://www.iledefrance-mobilites.fr/aide-et-contacts/forfait-imagine-r/comment-resilier-mon-forfait-imagine-r>

Navigo Annual card

If you are no longer a student or if you are over 26 years old, you can also use this unlimited transport subscription all year round throughout the region.

It costs €925 at once or €84 per month.



Navigo Month / Week

If you are staying for less than 5 months, we recommend to take a Navigo card to recharge every month.

You can top it up every week if you're in Paris for a very short time. As for the other cards you can travel unlimited over the whole region.

The fare is €84 every month + €5 for the purchase of the card. The price of tickets remains the same, but it's more eco-friendly!



Useful Apps

Ile de France Mobilités



- **All real-time information on public transport:**
 - **traffic on trains, RER, metros and tramways**
 - **waiting time for the next RATP buses (Paris and the suburbs) and Transdev**
- **Notification about disturbances in real time on your way**
- **Research for multi-solution routes**
 - **with the AVOID function**
 - **bookmarking**
 - **network maps...**

Bonjour RATP



- **A must-have! Download RATP 's official application to :**
 - **find the best way to your destination**
 - **look at the traffic status on all lines**
 - **consult timetables**
 - **geolocate the stations and train stations around you**
 - **access to the timetables for all lines**

- **The essential app ! It allows you to plan your routes via all modes of transport:**
 - **metro and RER**
 - **Transilien and train**
 - **bus**
 - **tram**
 - **bike**
 - **electric scooters**
 - **scooters**
 - **carshare, taxis and Uber**
- **You can also book an Uber directly through the app**
- **Timetables and real time information are available too: next departures and arrivals, traffic information, disruptions...**
- **Easy access routes for people with reduced mobility.**

- **Ergonomic and clear to:**
 - **consult your routes**
 - **see real-time traffic**
 - **define routes and «Favourite Lines» to add to your main screen**
 - **small widget that will allow you to see the next departures of your favourite lines**
- **Note that Moovit is available in about ten cities in addition to Paris: Marseille, Bordeaux, Rennes, Toulouse, Nantes, Strasbourg, Angers, Aix-en-Provence, Nancy, etc.**

Life in Paris

These few tips will help you adapt to the capital if you want to live like Emily in Paris.

**The metro closes
1 hour later on
Friday and
Saturday, around
2am.**

**Lines 1 and 14 are the
most reliable and
automatic.**



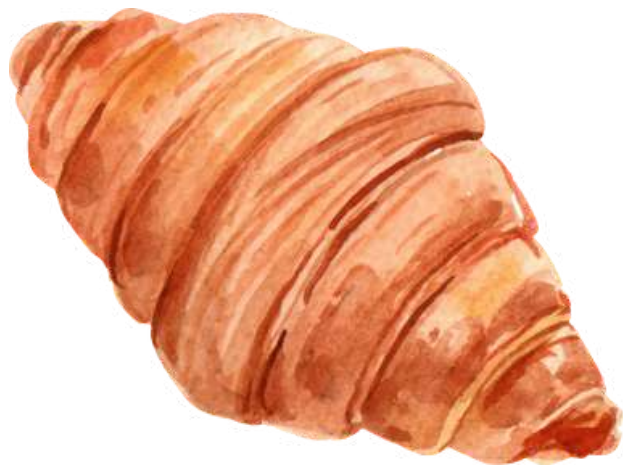
**Throwing a cigarette
or a piece of garbage on
the ground can cost you
135€...**

**At the restaurant, bread,
water in carafe and cutlery
are always free.**



**Most museums are
closed on Tuesdays.**

€ How much does it cost?



1€20



12 – 15€



4 – 5€



4 – 8€



500 – 750€



**350€/year
(students)**

Beware !



Beware of pickpockets in the streets and the metro

Keep your bags under your coat



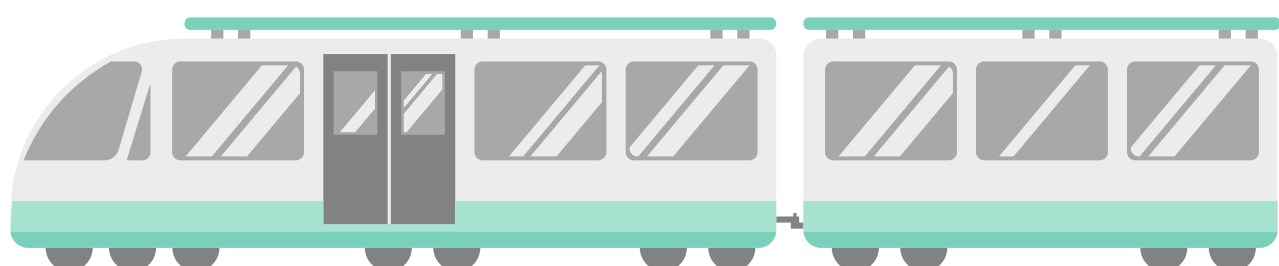
Have your documents uploaded to a cloud

Have your backpack closed with the zipper in front of you



Do not sign petitions on the street

Back from the parties, sit in the first car near the driver



Emergency calls



Police	17
Firefighters	18
Ambulance	15
Emergencies (across Europe)	112
In the metro	3317
SOS Doctors	3624
SOS Ill-treatment	3977
Nightline*	01 88 32 12 32

***Psychological help for students. Don't stay alone!**

Student job

It's true that prices in Paris are higher than elsewhere in France, so why don't you earn some money by looking for a job? To find a student job you have several possibilities.

Job forum organised by ESN Paris

As part of this summer jobs forum, ESN Paris invites companies who are looking for multilingual and multicultural employees. During this event, you will be able to meet the companies, to know their offers job, leave them your CV and do interviews on the spot.

Similarly, to help you in your search, ESN Paris organizes a CV workshop where you can update your resume and learn how to write a cover letter in French and what to say or not to say during a hiring interview. Also, if you have any questions about your student status in the world of work, we offer you a legal consultation workshop to learn about labour law in France, conditions of employment and how not to be exploited by the companies



Baby Sitting

Babysitting in Paris is very popular as a student job. In fact, a lot of parents are looking for full-time, part-time or occasional nannies in the evenings to look after their children, bring them to school, prepare food for them, or keep them on Wednesday during the day.

Parents often look for profiles of students who speak English, German, Spanish, Chinese, Arabic or other languages that can be useful for their children. Sometimes, you can even babysit babies under 6 months of age. So don't be afraid to change diapers ;)

To find babysitting offers, there are a lot of websites:

- Speaking-agency.com (babysittings multilingues)
- Kidsparadis.com
- Kidssitter.com
- Yoopies.fr
- Yoopala.com
- Kinougarde.com
- Babysitting-paris.fr Baby-sitter.fr
- Nounoutop.fr



Other popular student jobs

- Hosting agencies
- Inventories
- Catering
- Tutoring
- Sales

Here are some useful websites to find other student jobs in Paris :

l'Etudiant



**mister
bilingue**

indeed

**Welcome
to the Jungle**

MONSTER

LinkedIn

Do you have experience with children and do you speak a foreign language? Speaking-Agency has the perfect job for you! Speaking-Agency offers childcare services in foreign languages and home language courses for all ages. They use for this purpose, educational materials developed in partnership with the CNRS.

The jobs adapt to you! You decide where, when and how many jobs you want to have thanks to more than 2000 offers per year. Speaking-Agency is constantly looking for new motivated and competent baby-speakers: will you be the next to join the adventure?

The advantages:

- Internal training
- Teaching supports are provided
- Vélib' Pass reimbursed per year
- Free French courses
- Participate in our monthly contests and events



NEW : Since this year Speaking-Agency offers short-term and middle-term missions to work in companies that need linguistics talents !

To join them:

- Register on www.speaking-agency.com following the ESN link: <http://www.speaking-agency.com/ambassador/110838257>
- 01 83 95 41 76 on behalf of ESN Paris

Learn for free

If you need to learn more on how to get a job in France, this website may help you : fun-mooc.fr. You'll find free courses on diverse topics.

Incident Form



<http://go.esn.paris/incident-form>

ESN Paris has this form available for you to report inappropriate behavior by our volunteers or international students.

The association follows the values of the ESN network.

The network shall make available a document summarising the ESN code of conduct:

https://esn.org/sites/default/files/code_of_conduct.pdf

Failure to comply with this Code of Conduct will result in penalties.

The results of this form will be received by the statutory office of the association. It undertakes never to reveal the identity of the applicant without his consent. However, it is advisable to send us your data so that we can better respond to the situation, but it is possible to do so completely anonymously.

**By reporting an incident, it allows us to make the partnership safer.
We thank you.**

A high-angle, wide shot of the Paris skyline at dusk. The Eiffel Tower is the central focus on the left, its intricate lattice structure silhouetted against a clear, light blue sky. Below the tower, the dense urban landscape of Paris is visible, with numerous buildings of varying heights and architectural styles. The foreground shows the rooftops and upper floors of several buildings, some with balconies and air conditioning units. The overall lighting is soft and warm, suggesting the 'blue hour' of late afternoon or early evening.

WHAT TO DO IN PARIS

By arrondissements

1st arrondissement

Museum

Musée du Louvre

Musée du Barreau de Paris

Musée des Arts Décoratifs

Musée en Herbe

Les Caves du Louvre

Jeu de Paume Paris

Musée de l'Orangerie

Musée de l'Illusion

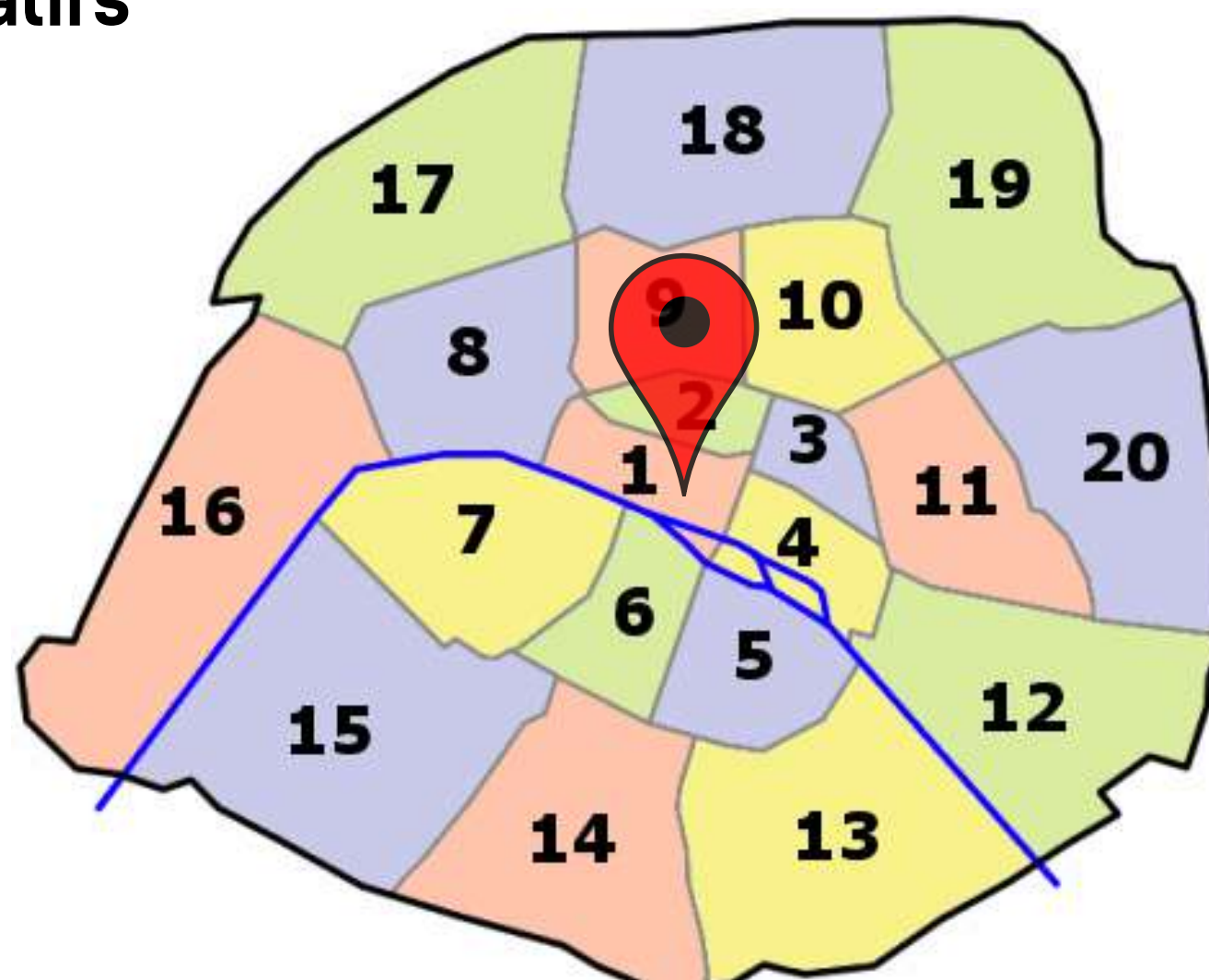
Bourse de Commerce

59 Rivoli

Must-see monuments

Conciergerie

Sainte Chapelle



Libraries

Médiathèque de la
Canopée la Fontaine

Bibliothèque de la
Sorbonne

Our recommendations

Boulangerie La Parisienne

For those looking for a bakery in Châtelet!
Very good sandwiches, creps and pastries.



2nd arrondissement

Museum

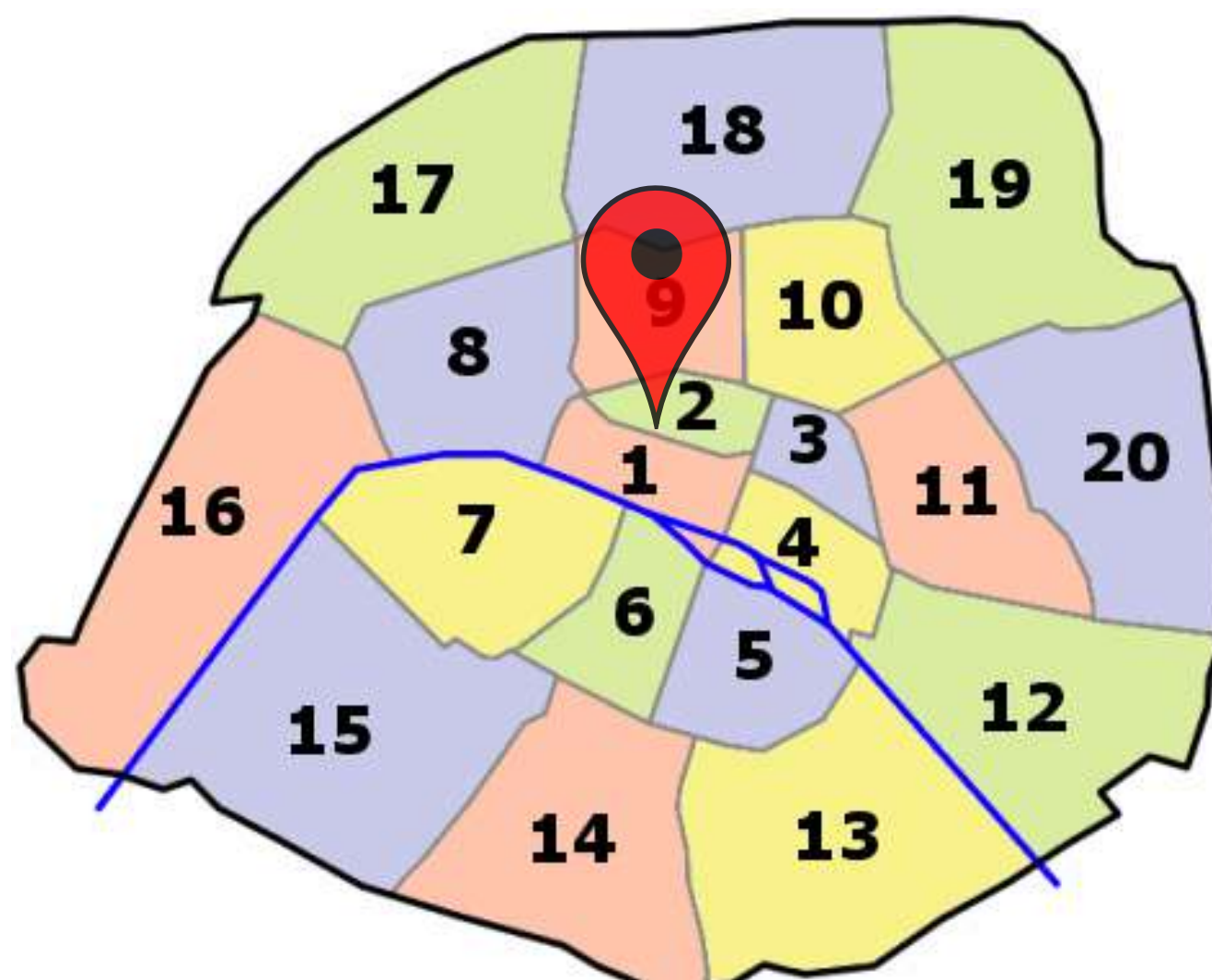
Tour Jean Sans-Peur



Must-see monuments

Le Palais Brongniart

La Place des Victoires



Libraries

**Bibliothèque Nationale
de France**

**Bibliothèque Charlotte
Delbo**

For Fun

Cinéma Grand Rex

La Gaîté Lyrique

Highlights for eating/drinking

**For a drink, the streets of Montorgueil,
Pierre-Lescot and Etienne-Marcel are
lined with various restaurants and bars.**



3rd arrondissement

Museums

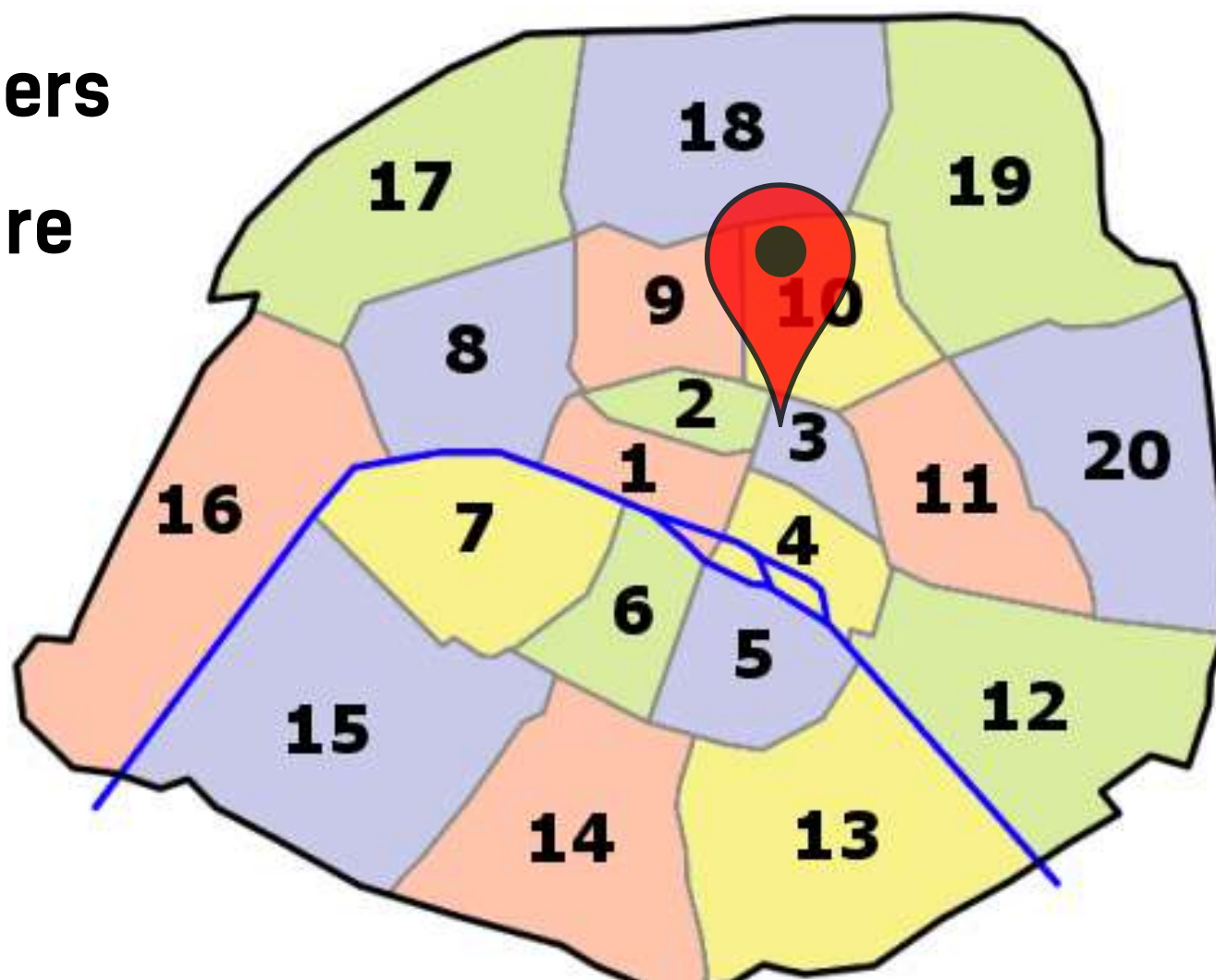
Fondation Henri Cartier
Musée de la Chasse et de la Nature
Musée des Archives Nationales
Musée National Picasso
Musée Carnavalet
Musée Cognacq-Jay
Musée des Arts et Métiers
Musée d'Art et d'Histoire
du Judaïsme

Must-see monuments

Église Saint-Denys du Saint-Sacrement
Le marché des Enfants Rouges
Place des Vosges

Libraries

Bibliothèque Marguerite
Audoux
Bibliothèque du Cnam



For Fun

Going for a walk at Le Marais

Our recommendations

Le Carreau du Temple

It is a place of culture and sport totally dedicated to lifestyles and new urban uses. Many Fashion Weeks took place here therefore, being in the capital of fashion, it is a must to visit and post on Instagram!



4th arrondissement

Museums

Pavillon de l'Arsenal
Musée Pierre Cardin
Mémorial de la Shoah
Musée des Automates
Lafayette Anticipations
Atelier Brancusi
Maison Européenne de la Photographie
Centre Pompidou
Maison de Victor Hugo

Must-see monuments

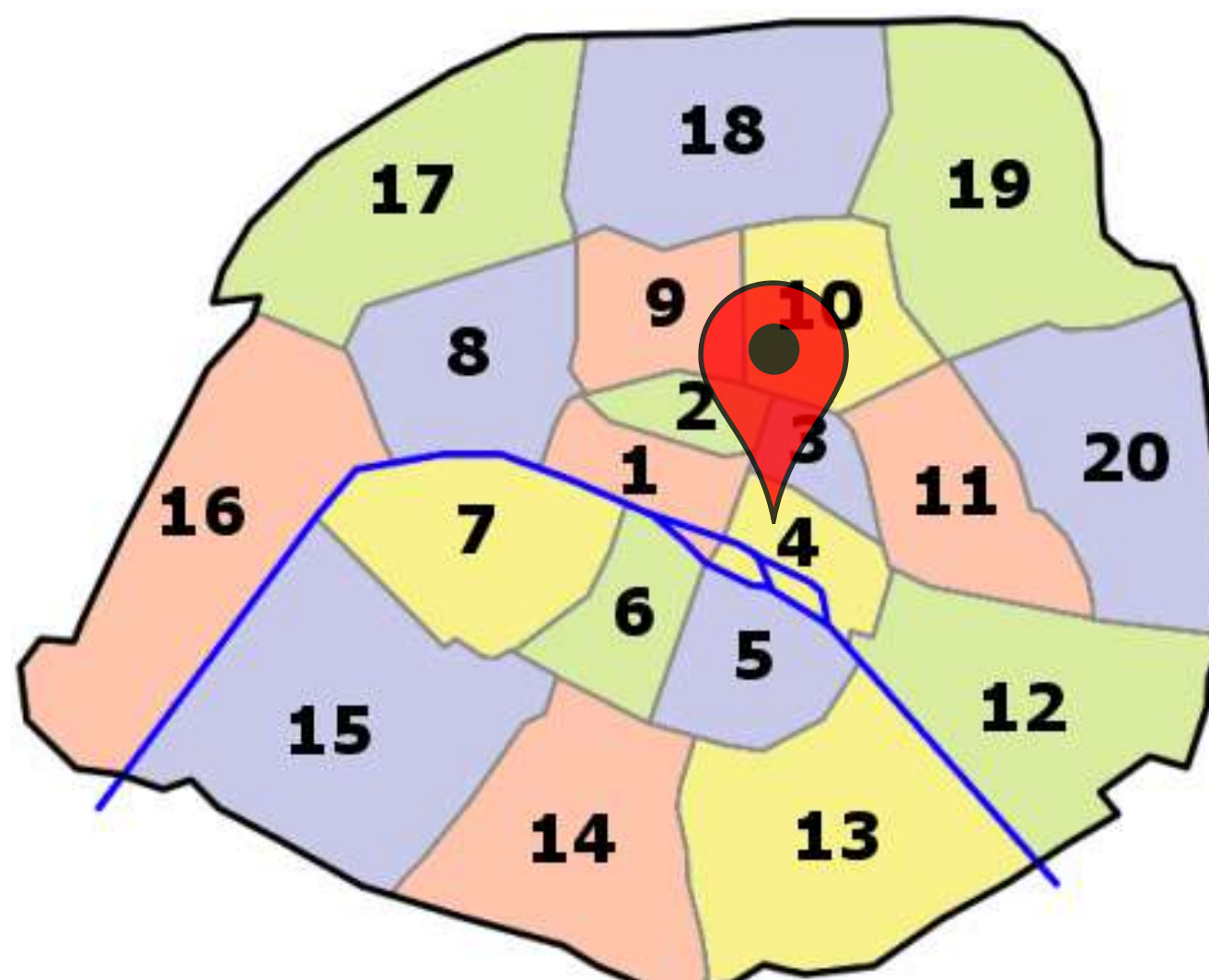
Notre Dame de Paris
Place de la Bastille

Libraries

Centre George
Pompidou
Hôtel de Sens

Bibliothèque Forney

Bibliothèque de l'Hôtel
de Ville



For Fun

Have a drink at the edge of the Ile de la Cité

Highlights for eating/drinking

L'As du Fallafel

The best fallafel in Paris. BUT, the wait
can be long. Closed on Saturdays.



5th arrondissement

Museums

Musée Curie

Musée de la Sculpture

Musée de la Préfecture de la Police

Musée National d'Histoire Naturelle

Abbaye Royale du Val-de-Grâce

Galerie de Paléontologie

Institut du Monde Arabe

Musée de Cluny

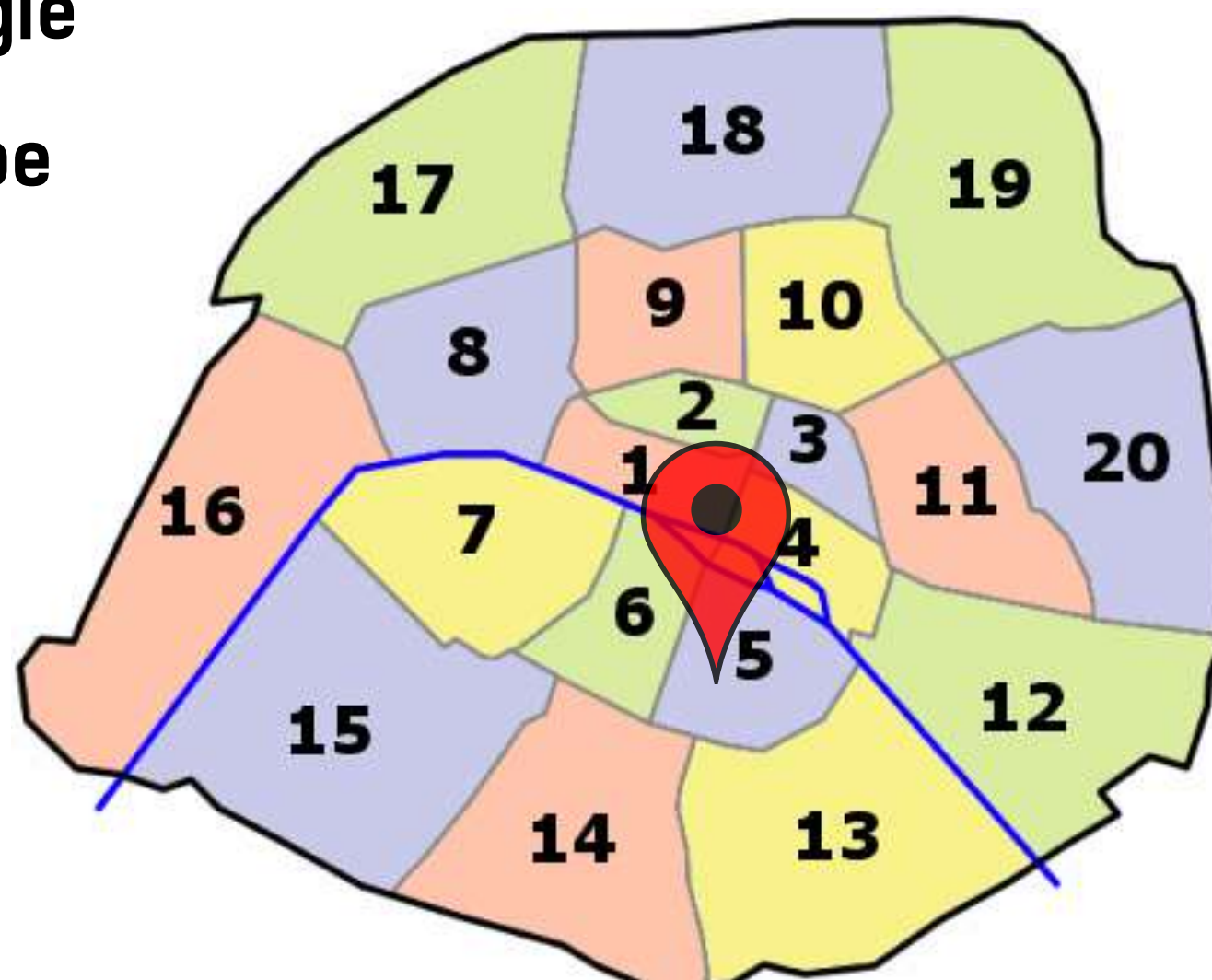
Must-see monuments

Panthéon

Libraries

Bibliothèque Buffon

Bibliothèque L'Heure
joyeuse



For Fun

Going to dance at
Quai Saint-Bernard



Highlights for eating/drinking

Rue Mouffetard

This street has many great places for students to eat and drink!

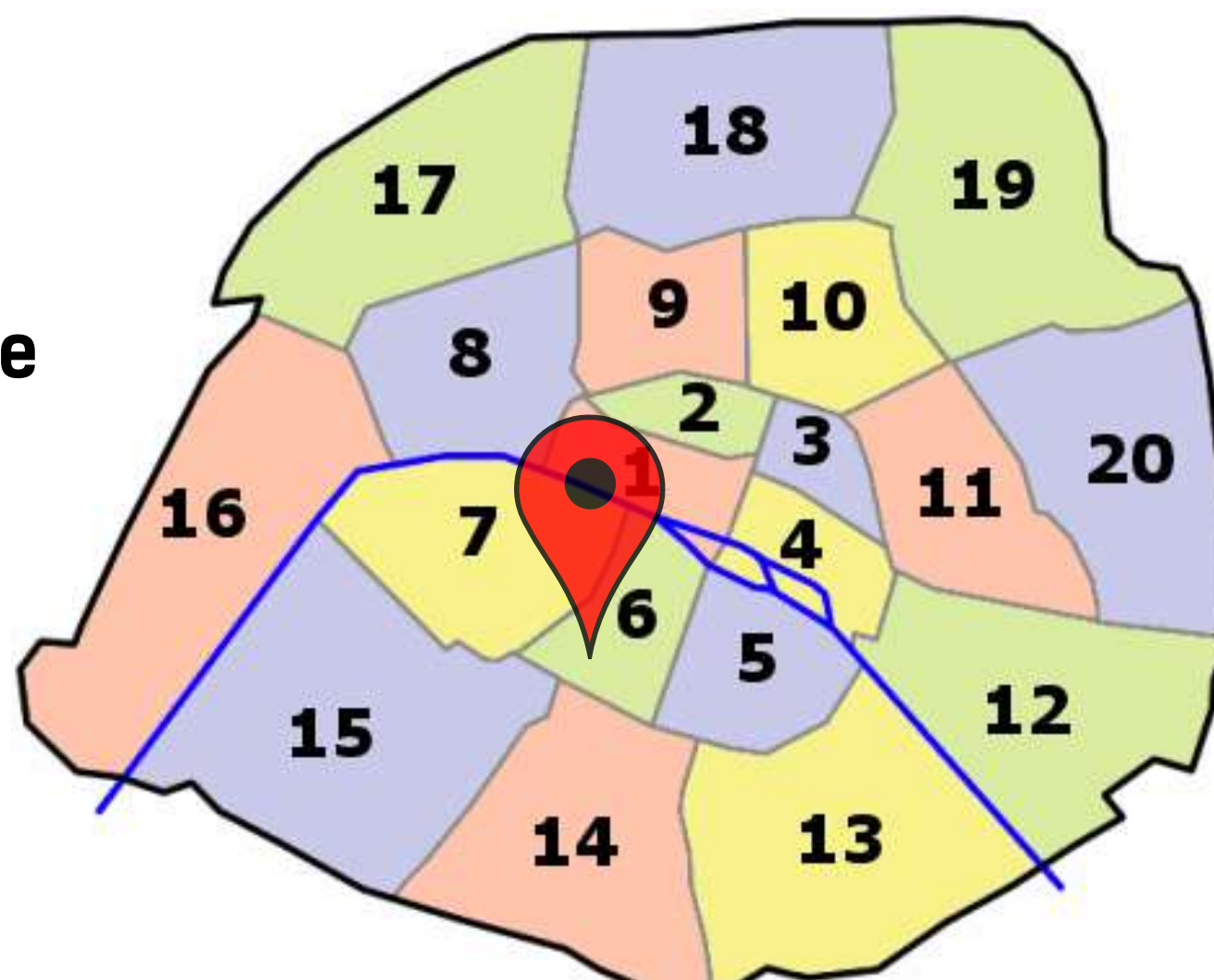
6th arrondissement

Museums

Musée de l'Histoire de la Médecine
Musée-librairie du Compagnonnage
Maison Auguste Comte
Musée de la Minéralogie
Mundolingua
Musée du Luxembourg
La Monnaie de Paris
Musée Zadkine
Musée National Eugène
Delacroix

Must-see monuments

Église Saint-Sulpice



Libraries

Bibliothèque André
Malraux

For Fun

To relax at the Jardin du Luxembourg

Our recommendations

Librairie Gibert Joseph

This bookstore on 5 floors is a good address for students. This is where you will find useful books to succeed your semester, new or used.



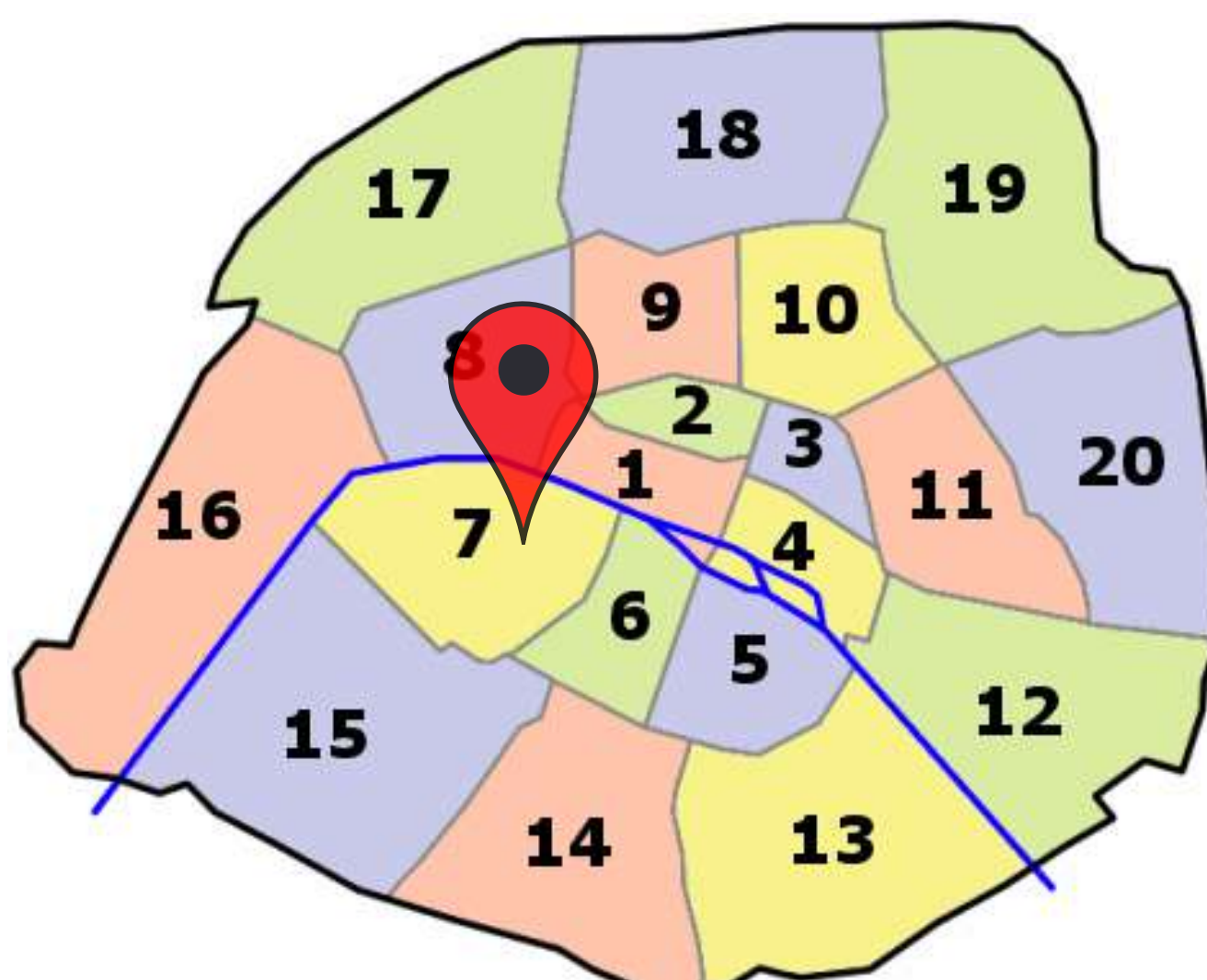
7th arrondissement

Museums

Musée de l'Ordre de la Libération
Musée de la Légion d'honneur et des ordres de Chevalerie
Musée des égouts de Paris
Musée des Plans-reliefs
Musée de l'Armée
Musée d'Orsay
Musée Maillol
Musée Rodin
Musée du Quai Branly
Fluctuart

Must-see monuments

Tour Eiffel
Trocadéro
Pont Alexandre III
Hôtel des Invalides



Libraries

Bibliothèque Amélie
Bibliothèque Saint-Simon

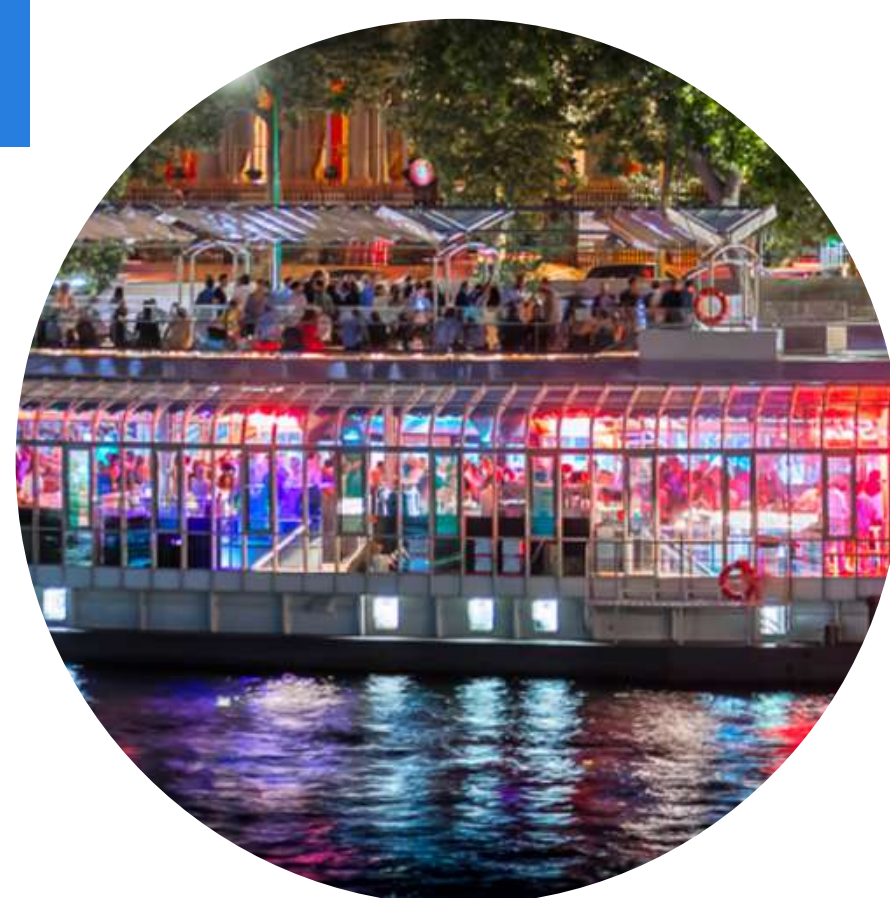
For Fun

Picnic at jardins de Trocadéro, Tour Eiffel or Invalides

Highlights for eating/drinking

Rosa Bonheur sur Seine

A boat near the Bridge Alexandre III
for a drink (or a meal) enjoying the view of
Paris.



8th arrondissement

Museums

MAD – Musée Nissim de Camondo

Musée Maxim's

La Galerie Dior

Petit Palais

Musée Jacquemart-André

Palais de la Découverte

Musée Cernuschi

Must-see monuments

Arc du Triomphe

Pont Alexandre III

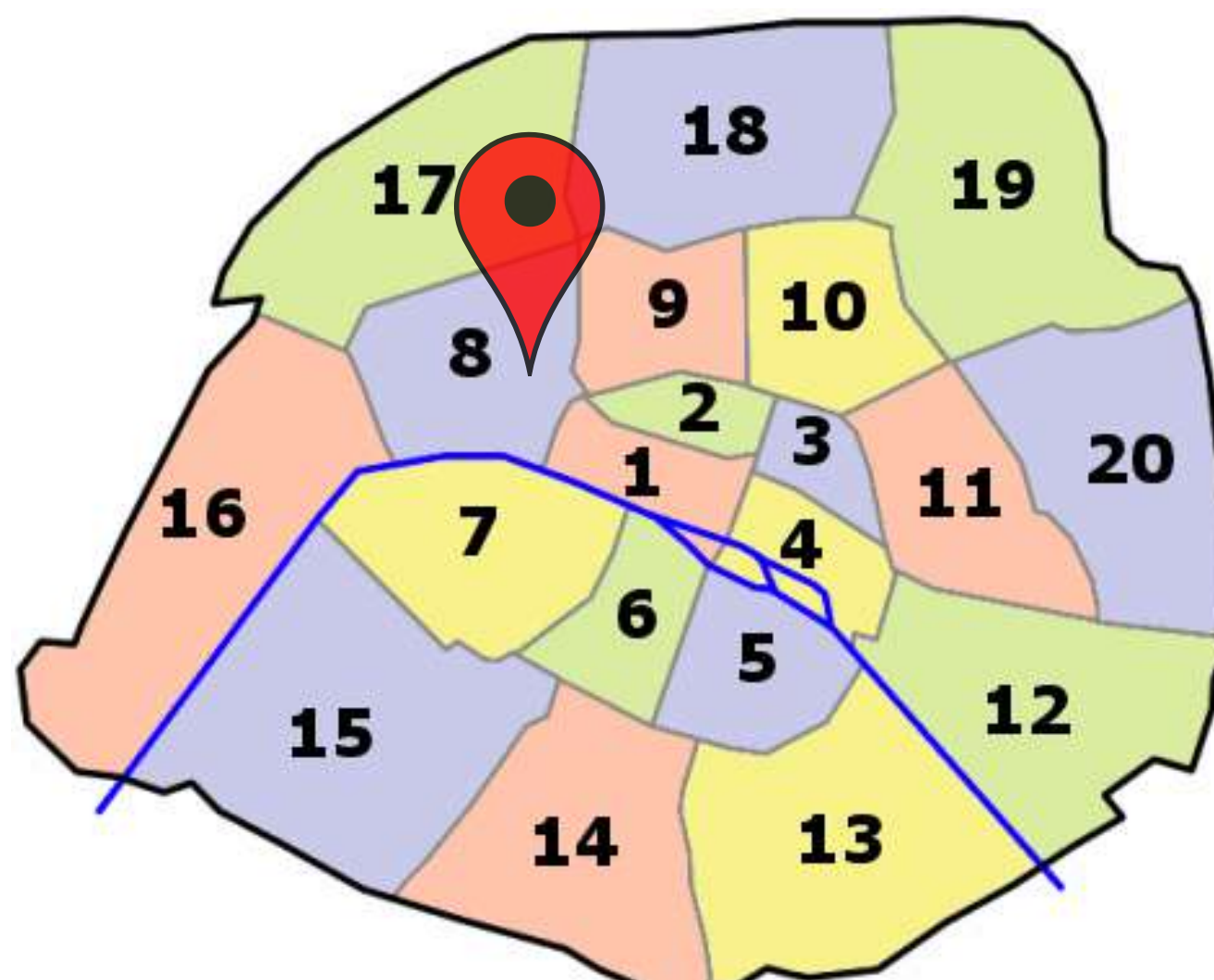
Église Saint-Augustin

Chapelle Expiatoire

Libraries

Bibliothèque Europe

Bibliothèque Courcelles



For Fun

Parc Monceau

Place de la Concorde

Our recommendations

Église de la Madeleine

To visit because, unlike the other churches you see in Paris, this one has Roman architecture outside and an incredible decoration inside.



9th arrondissement

Museums

Musée National Gustave Moreau

Phono Museum Paris

Musée de la Franc Maçonnerie

Bibliothèque-Musée de l'Opéra

Musée du Parfum

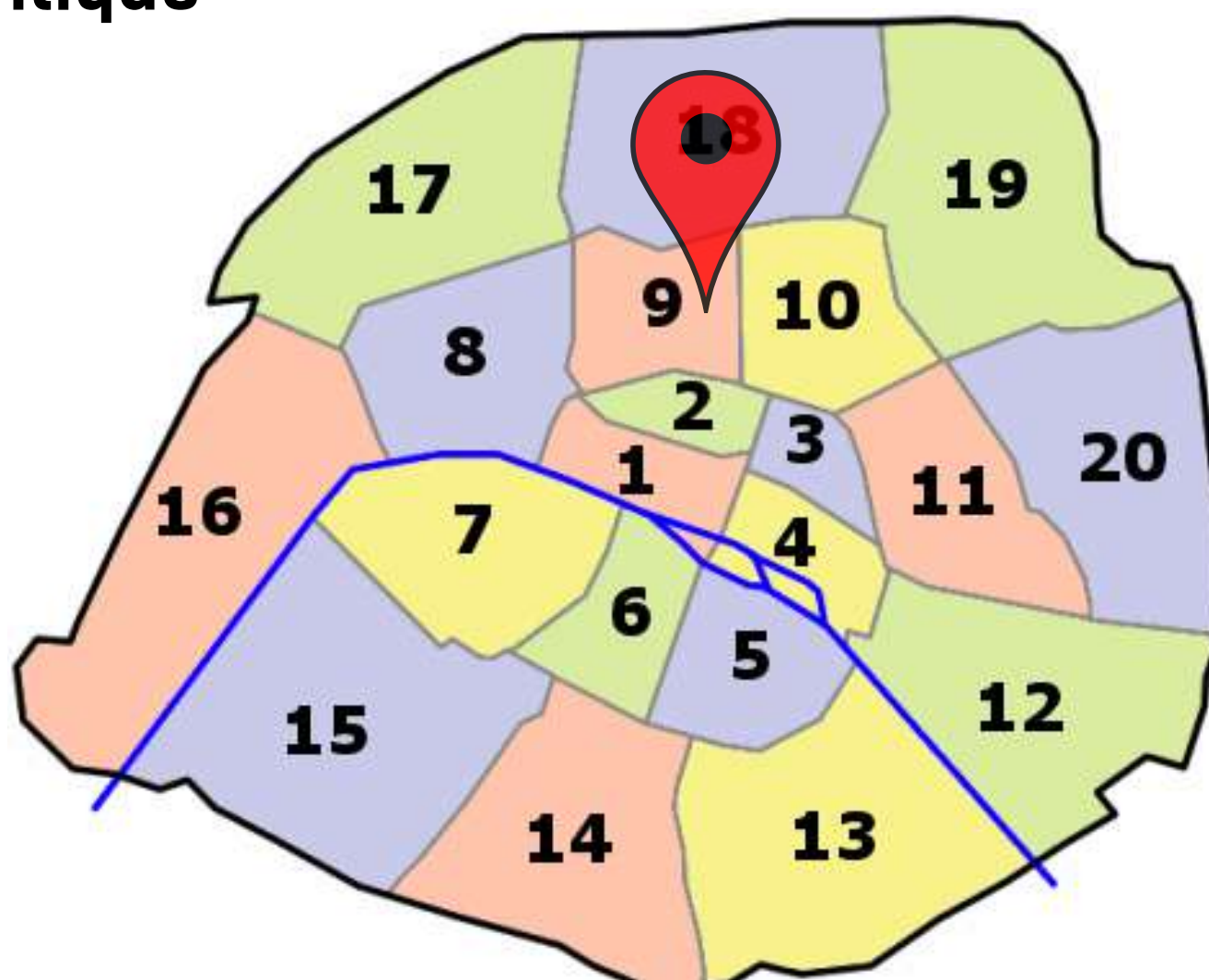
Musée de la Vie Romantique

Must-see monuments

Opéra de Paris

Libraries

Bibliothèque Valeyre
Bibliothèque Drouot



For Fun

Pigalle Basket Court

Passages Couverts des Grands Boulevards

Our recommendations

Galleries Lafayette

With the interior dome, it is a visual spectacle (your inner child will be amazed with the Christmas tree) and you should not miss the terrace, which is free, to enjoy the view of the city.



10th arrondissement

Museums

Maison de l'Architecture

Musée des Moulages de l'Hôpital

Saint-Louis

Choco-Story

Must-see monuments

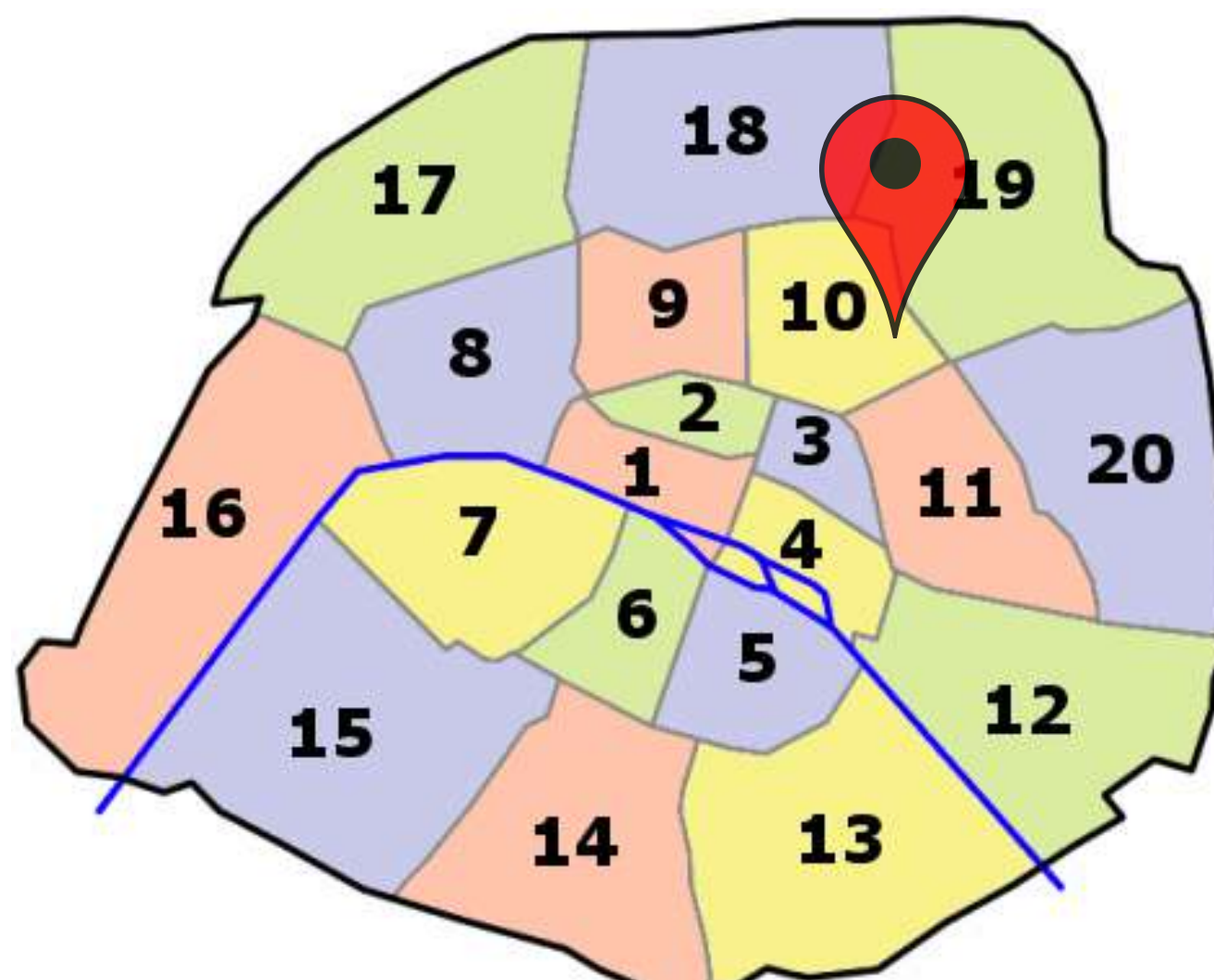
Paroisse Saint-Laurent

Libraries

Bibliothèque Claire
Bretécher

Bibliothèque François
Villon

Médiathèque Françoise
Sagan



For Fun

Jardin Villemin

Our recommendations

Promenade République – Belleville

A walk that starts in République, a lively part of the capital, and follows the street-arts walk to Belleville.



11th arrondissement

Museums

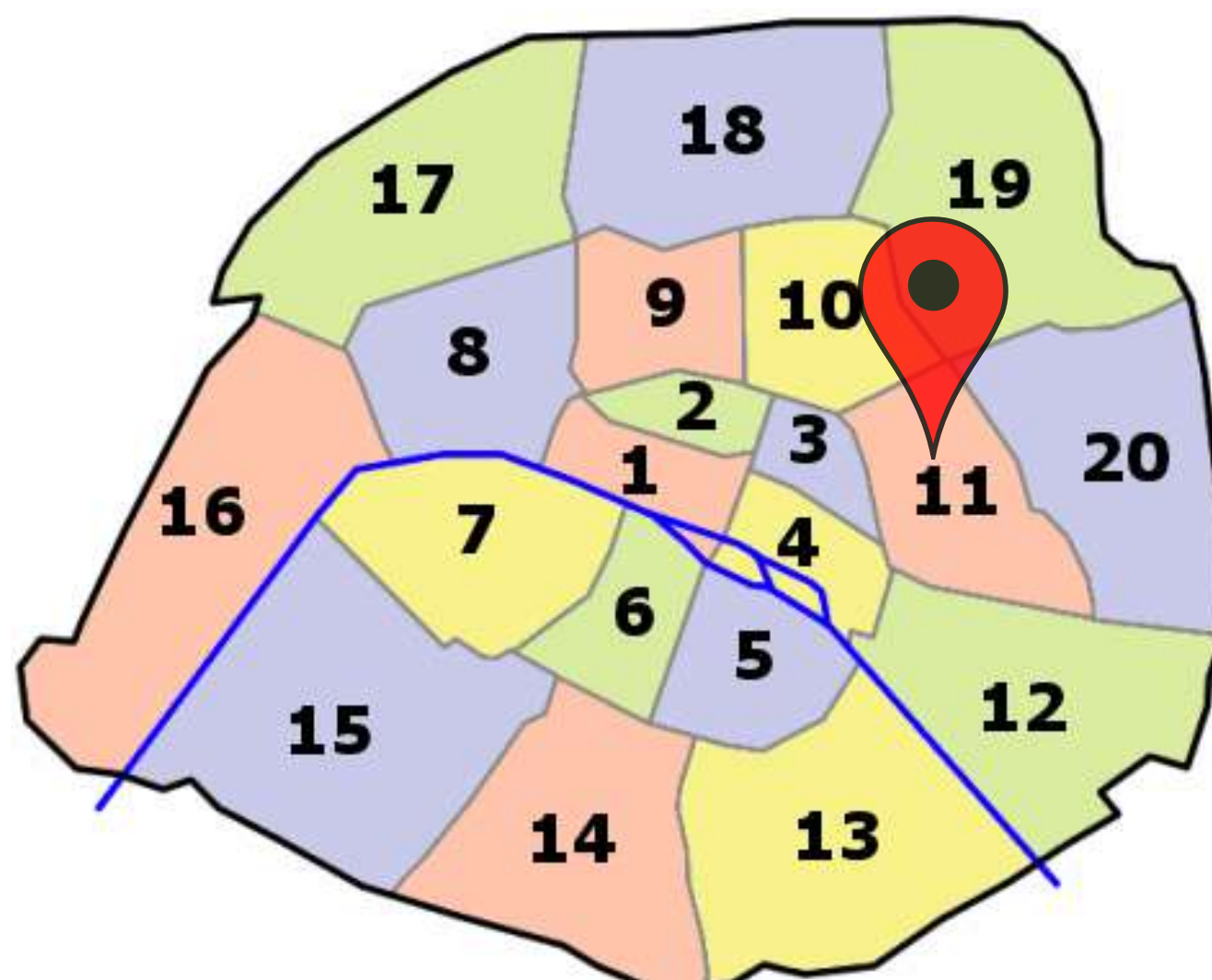
Musée Edith Piaf
Musée du Fumeur
Atelier des Lumières

Must-see monuments

Église Saint-Ambroise

Libraries

Bibliothèque Parmentier
Médiathèque Violette
Leduc



For Fun

Place de la Nation

Our recommendations

Passage Rochebrune

Discreet street that resembles the streets of the film villages, to visit for its colors, its discretion and straight we finish at the passage Guilhem



12th arrondissement

Museums

Musée des Arts Forains

Musée National de l'Histoire de l'Immigration

La Cinémathèque Française

Must-see monuments

La Coulée Verte

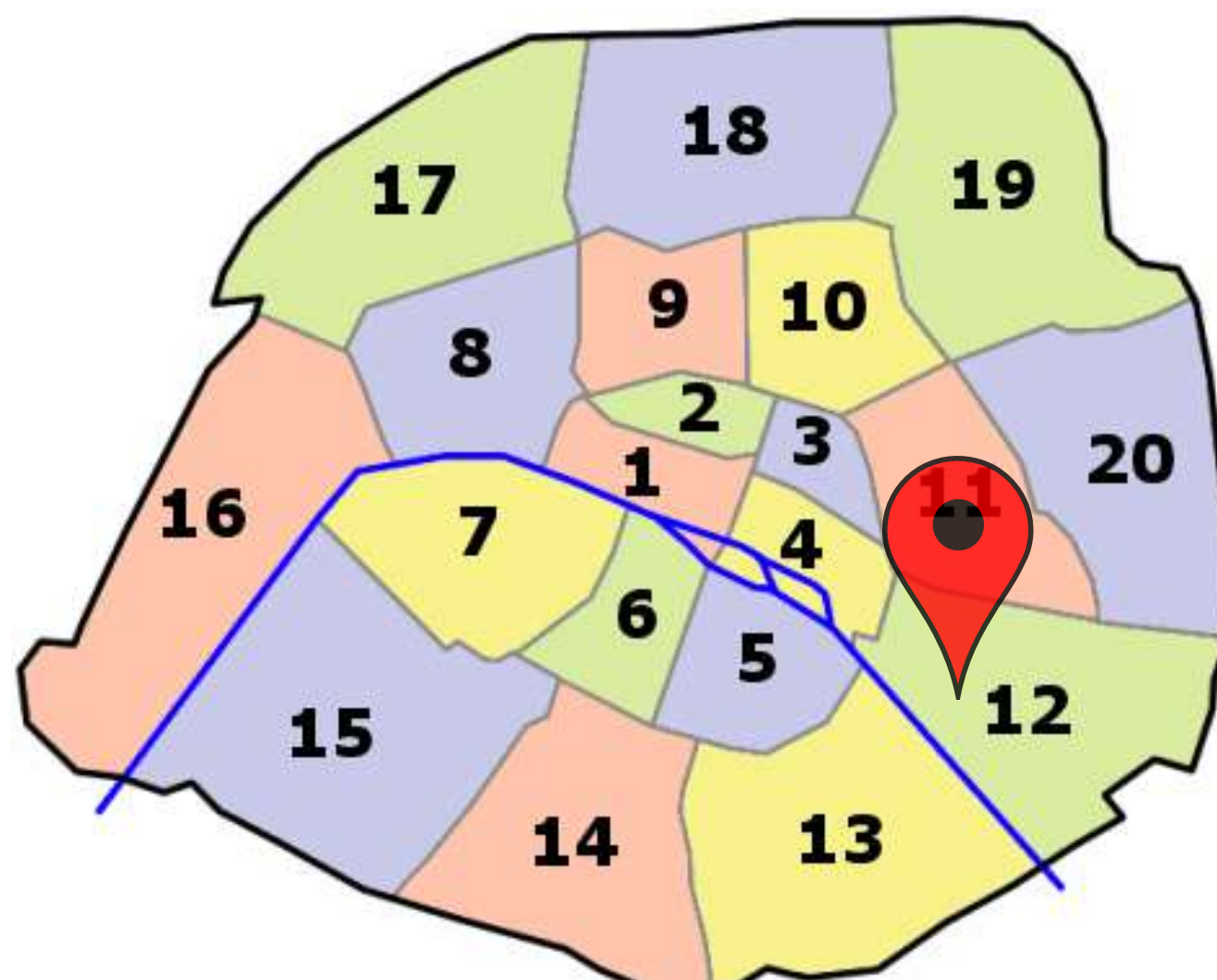
Libraries

Bibliothèque Saint-Eloi

Médiathèque Hélène

Berr

Bibliothèque Diderot



For Fun

Rue Faubourg Saint Antoine (and its passages)

Highlights for eating/drinking

Ground Control

An original space where you can eat, have a drink or explore the shops

Bercy Village

It is a pedestrian area with many trendy restaurants, shops, a park and a cinema (metro Court Saint-Emilion).

13th arrondissement

Museums

Mobilier National Les Gobelins

La Fab

Fondation Jérôme syndoux-Pathé

Must-see monuments

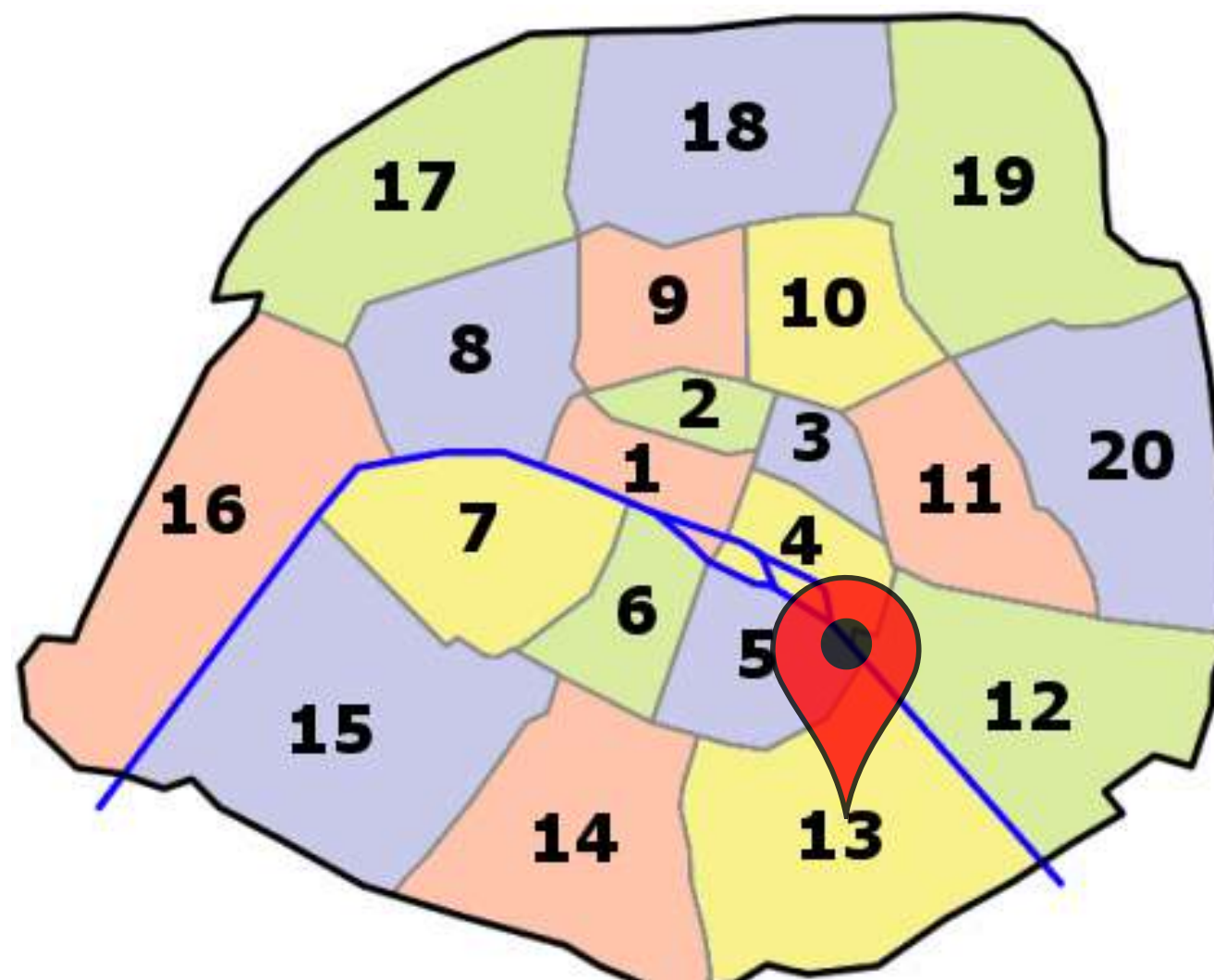
Bibliothèque Nationale de Paris

Libraries

Bibliothèque des Grands Moulins

For Fun

Quais de Seine



Our recommendations

Cinéma MK2 François Mitterand

Because films are also part of the culture, we share this cinema with the cheapest places in the city.

Piscine Joséphine Baker

This pool is located on a boat over the Seine!

La Felicità

La Felicità is a food market (italian) in an old train station! Be there early if you don't want to wait.



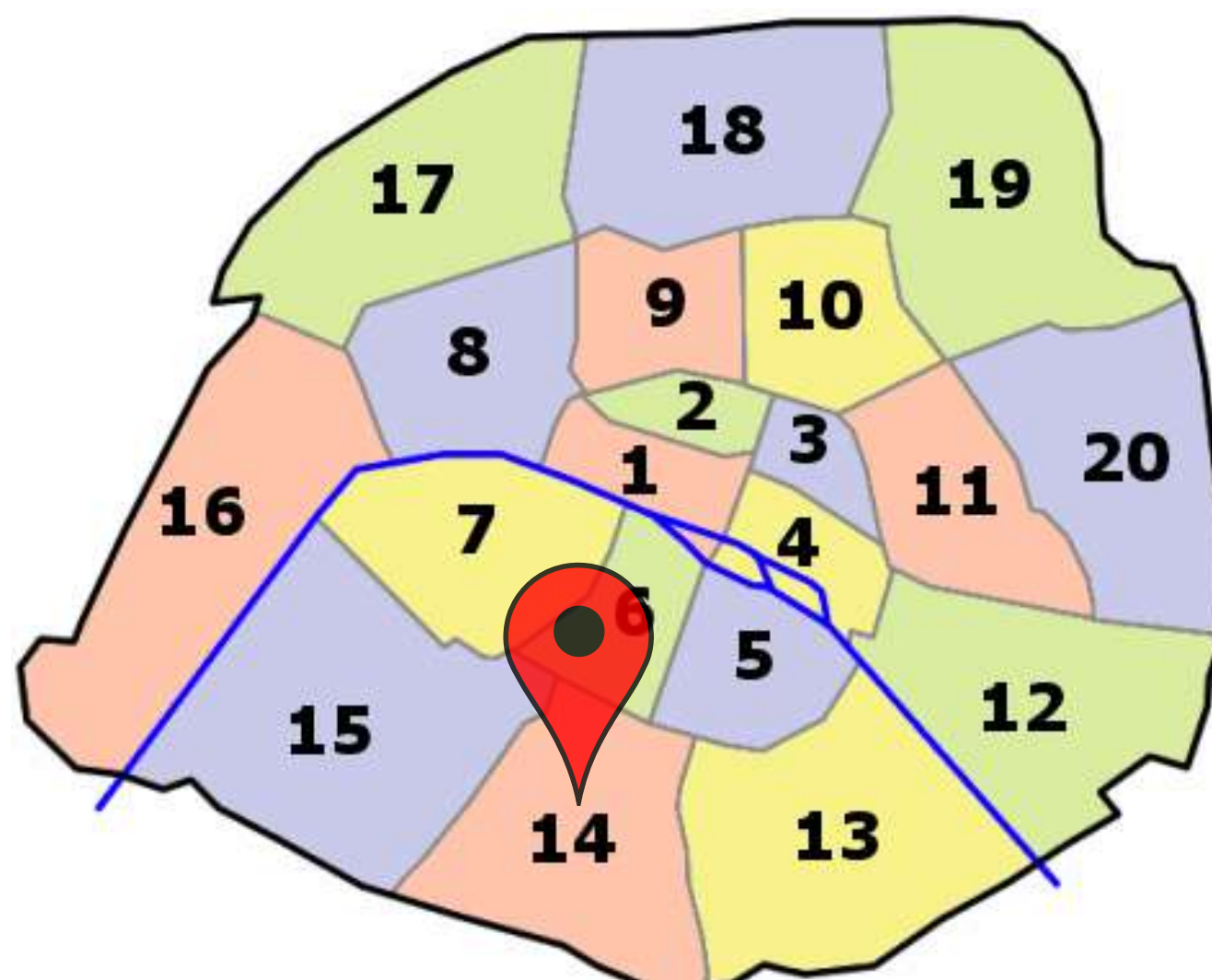
14th arrondissement

Museums

Fondation Cartier pour l'Art Contemporain
Institut Giacometti
Musée de la Libération de Paris

Must-see monuments

Catacombes de Paris



Libraries

Bibliothèque Benoîte
Groult
Bibliothèque Aimé
Césaire
Bibliothèque Georges
Brassens

For Fun

Parc Montsouris

Highlights for eating/drinking

Boulangerie La Parisienne

This bakery serves very good sandwiches, pancakes and pastries (metro Montparnasse).



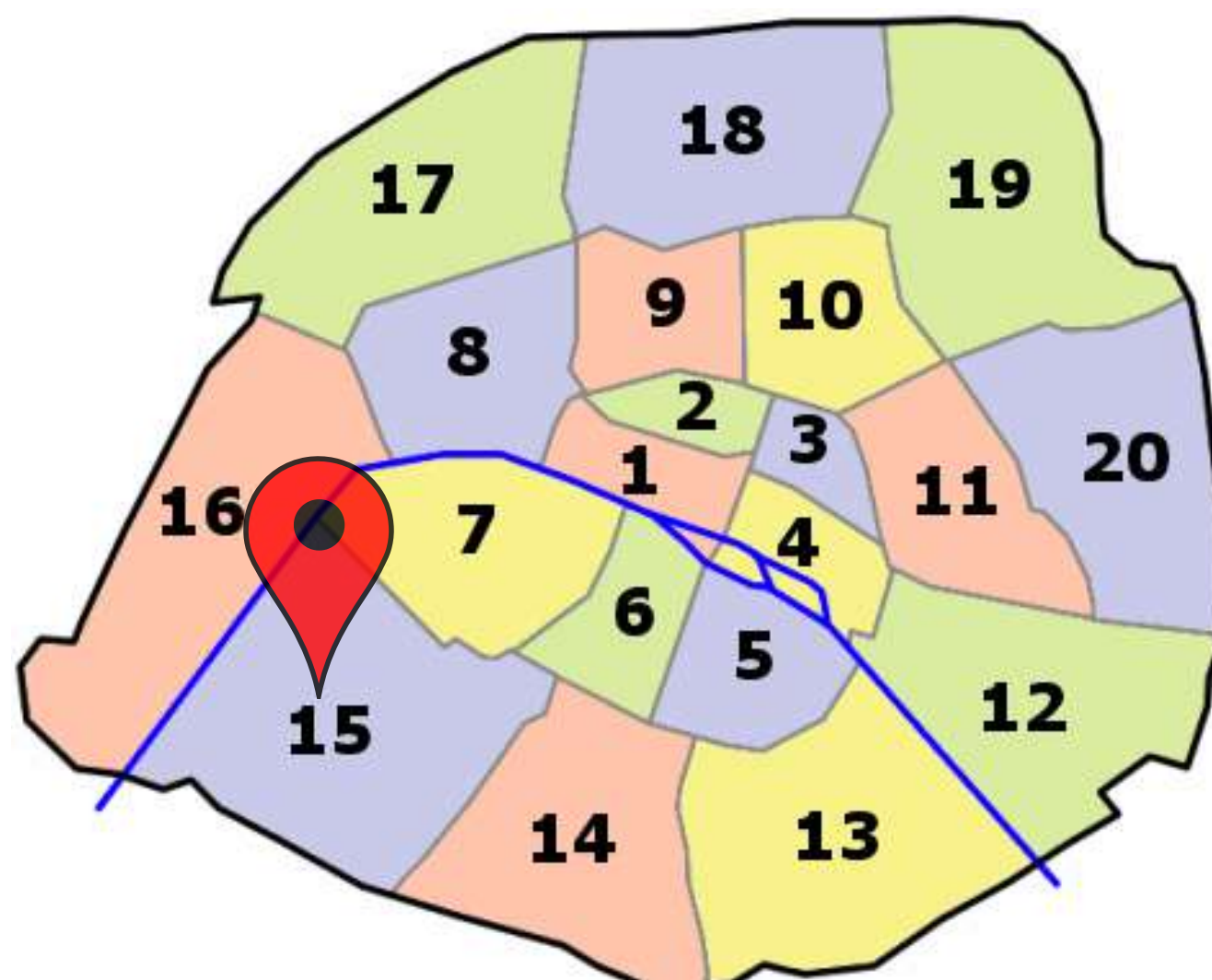
15th arrondissement

Museums

Les Étoiles du Palais de la Découverte
Musée de La Poste
Musée Bourdelle
Maison de la Culture du Japon

Must-see monuments

Pont de Bir-Hakeim
Statue de la Liberté
Tour Montparnasse
Pont Mirabeau



Libraries

Bibliothèque Andrée
Chedid
Bibliothèque Vaugirard
Bibliothèque
Gutenberg

For Fun

Ballon au Parc André-Citroën

Our recommendations

Go to the Tour Montparnasse

From the top of the tower, you'll have one of the best views of 360° Paris! There's very little waiting, unlike the Eiffel Tower. Online tickets: student 14€, adult 19€.



16th arrondissement

Museums

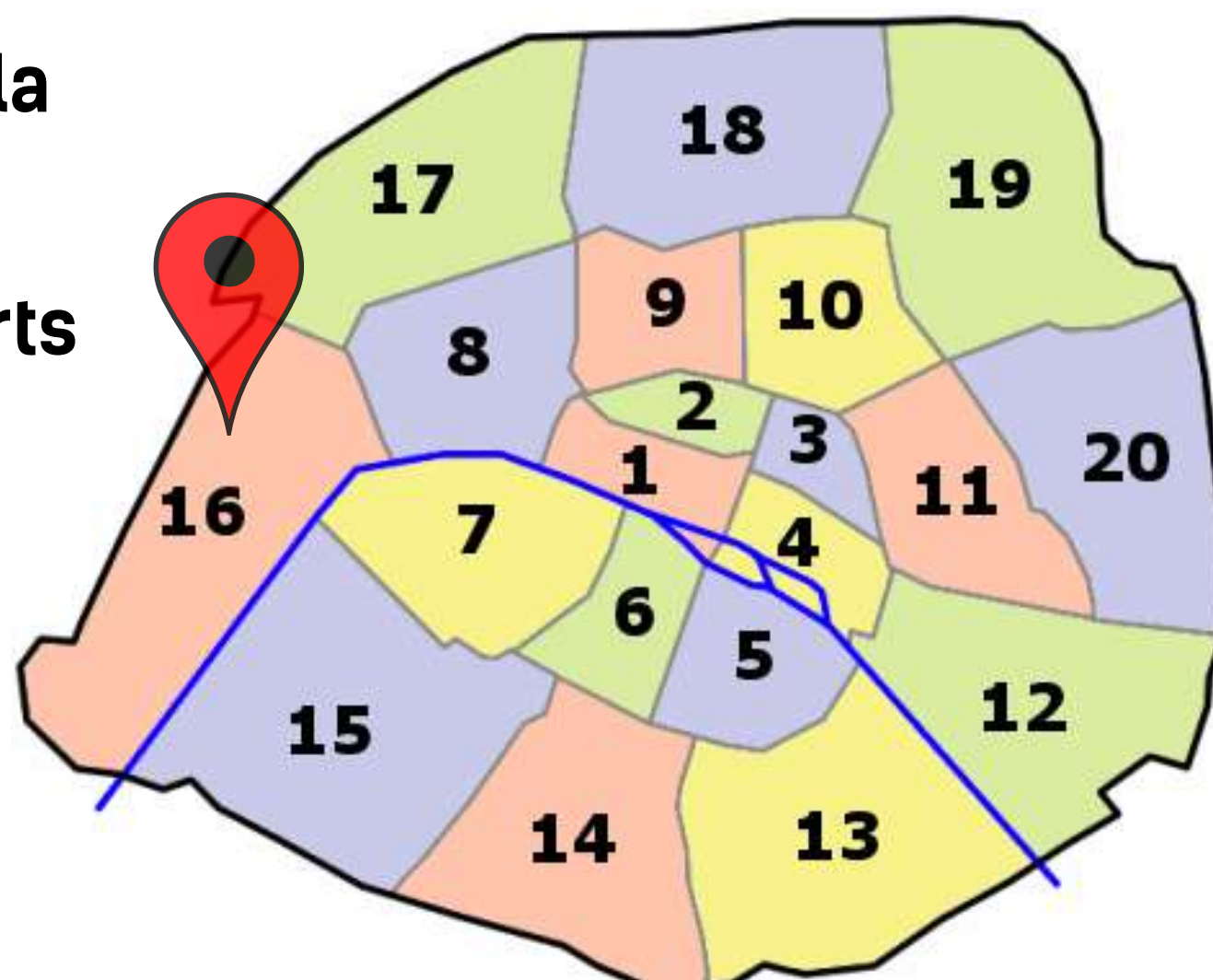
Musée Clemenceau
Musée d'Ennery
Maison de Balzac
Fondation Louis Vuitton
Musée d'Art Moderne de Paris
Musée de la Mode de la Ville de Paris
Musée National des Arts Asiatiques
Musée de l'Homme

Must-see monuments

Palais de Tokyo

Libraries

Bibliothèque Germaine Tillon
Bibliothèque Musset



For Fun

Jardin Japonais du Pavillon Bouddhique

Our recommendations

Esplanade du Trocadéro

It is the place to see, and take pictures of, the Eiffel Tower. Both the esplanade next to the Museum of Man, as the gardens in front are perfect to admire.



17th arrondissement

Museums

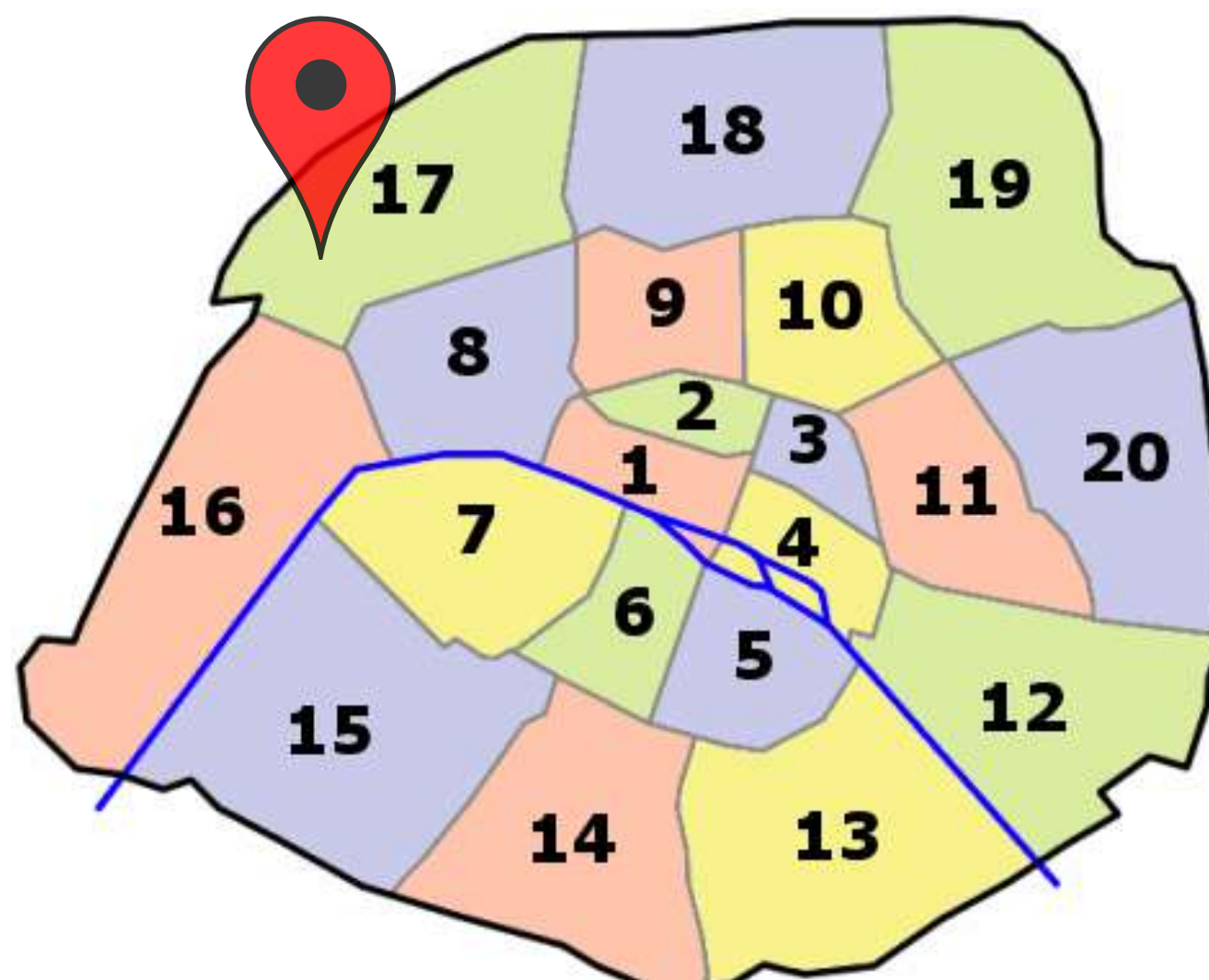
Musée National Jean-Jacques Henner

Art 42

Citéco

Must-see monuments

Place de Ternes



Bibliothèque Batignolles
Bibliothèque Colette
Vivier
Médiathèque Edmond
Rostand

For Fun

Petite Ceinture

Our recommendations

La Cité de Fleurs

Street hidden and forbidden to vehicles, you can enjoy a time of tranquility in this green and quiet space.



18th arrondissement

Museums

La Halle Saint-Pierre

Dalí Paris

Musée de Montmartre

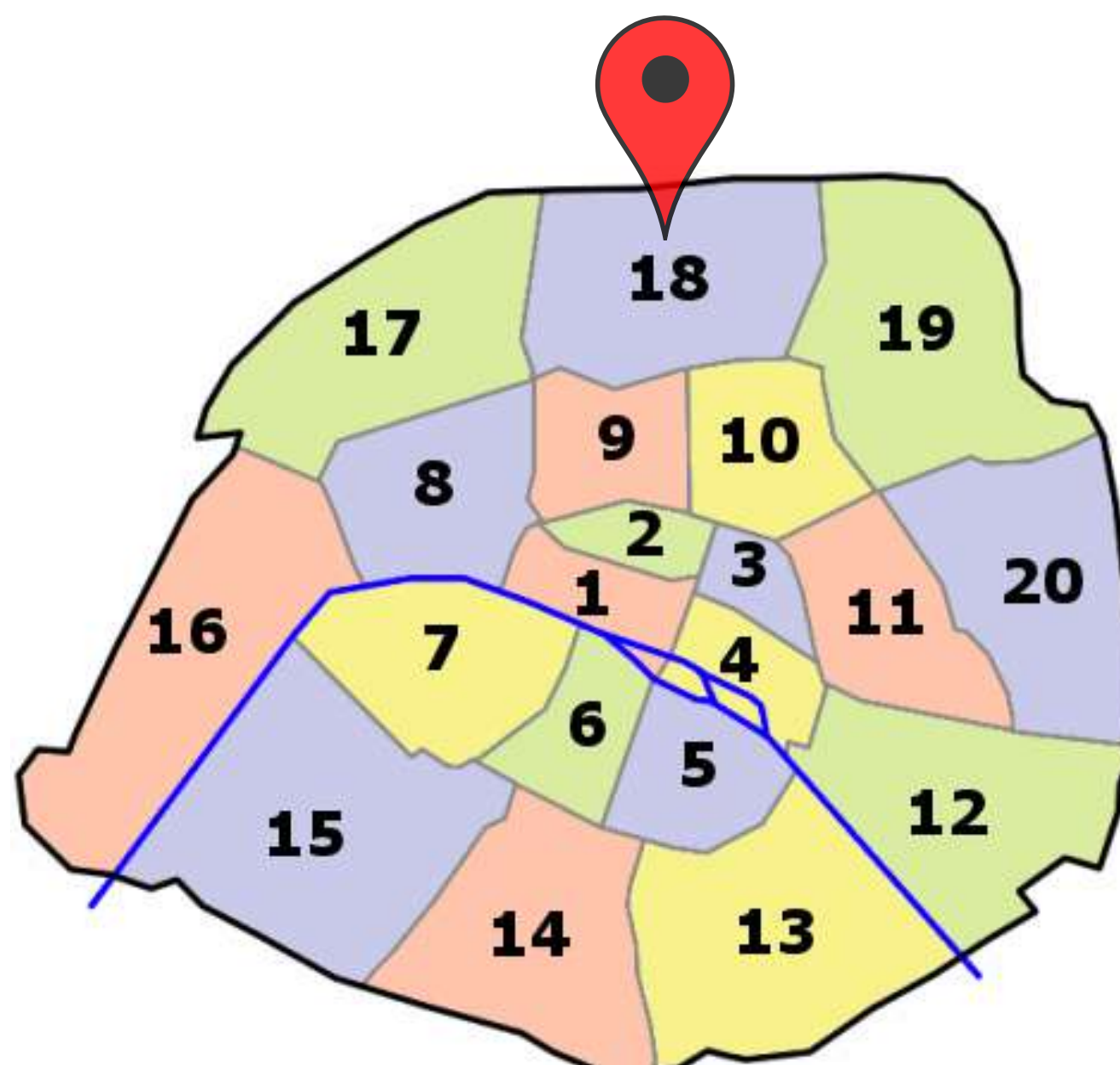
Institut des Cultures d'Islam

Must-see monuments

Basilique du Sacré-Coeur de
Montmartre

Libraries

Bibliothèque Robert
Sabatier
Bibliothèque Maurice
Genevoix
Bibliothèque Goutte d'Or



For Fun

Le Mur des Je t'aime

Highlights for eating/drinking

Bouillon Chartier Pigalle

With cheap prices and a wide variety of dishes, this restaurant is just outside the Pigalle metro station. You just have to get there not too late so you don't have to line up to get in.



19th arrondissement

Museums

Musée des Graffitis

Cité des Sciences et de l'Industrie

Cité de la Musique

L'Argonaute

Must-see monuments

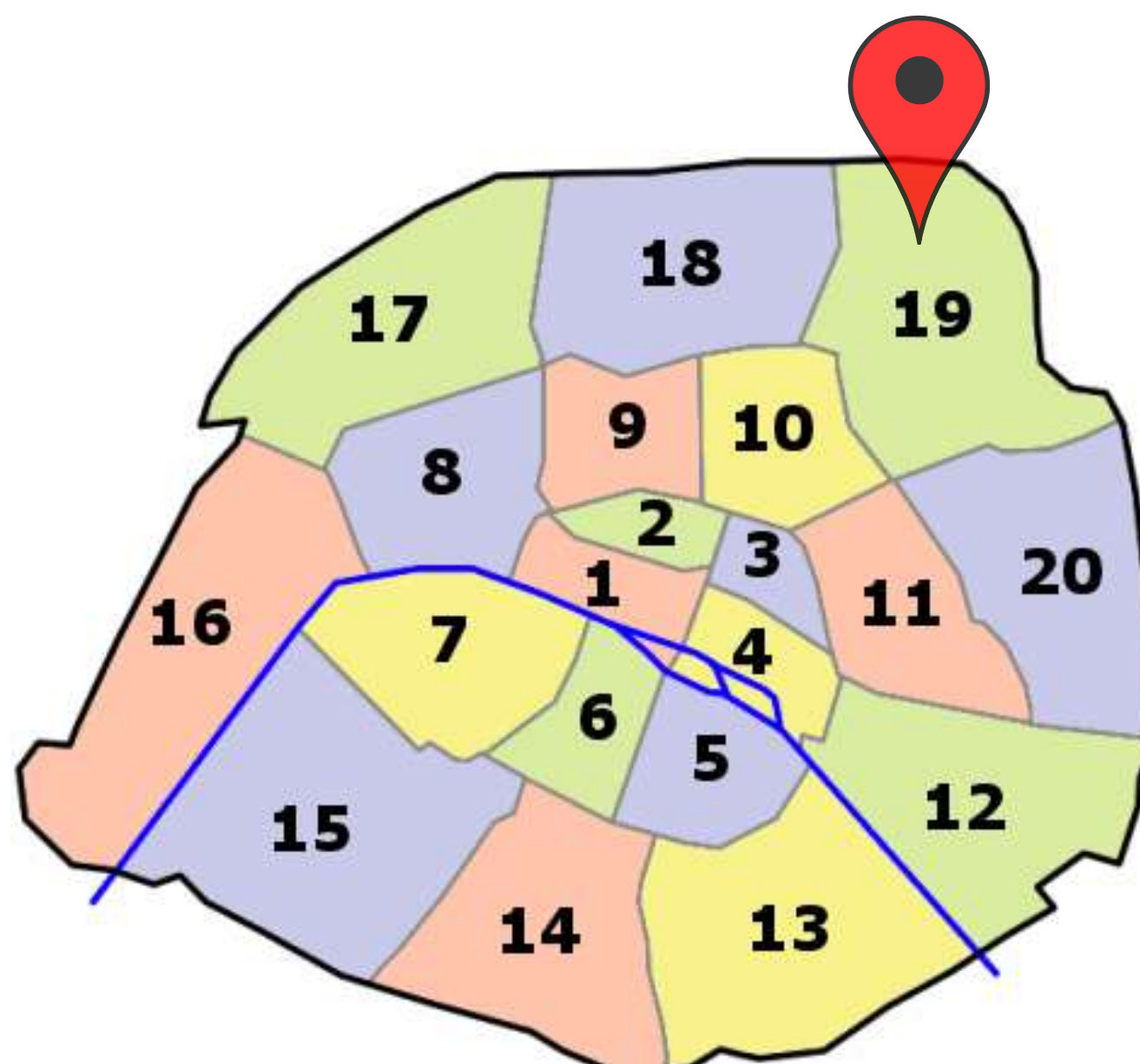
Bassin de La Villette

Libraries

Bibliothèque Place des
Fêtes

Bibliothèque Hergé

Bibliothèque Fessart



For Fun

La Villette

Our recommendations

Parc des Buttes Chaumont

Probably one of the most beautiful parks in Paris, with hills, a lake and an artificial rock. It is also a good place to picnic on weekends.



20th arrondissement

Museum

Restauration de Tableaux et Papiers
– Michelle Boucard

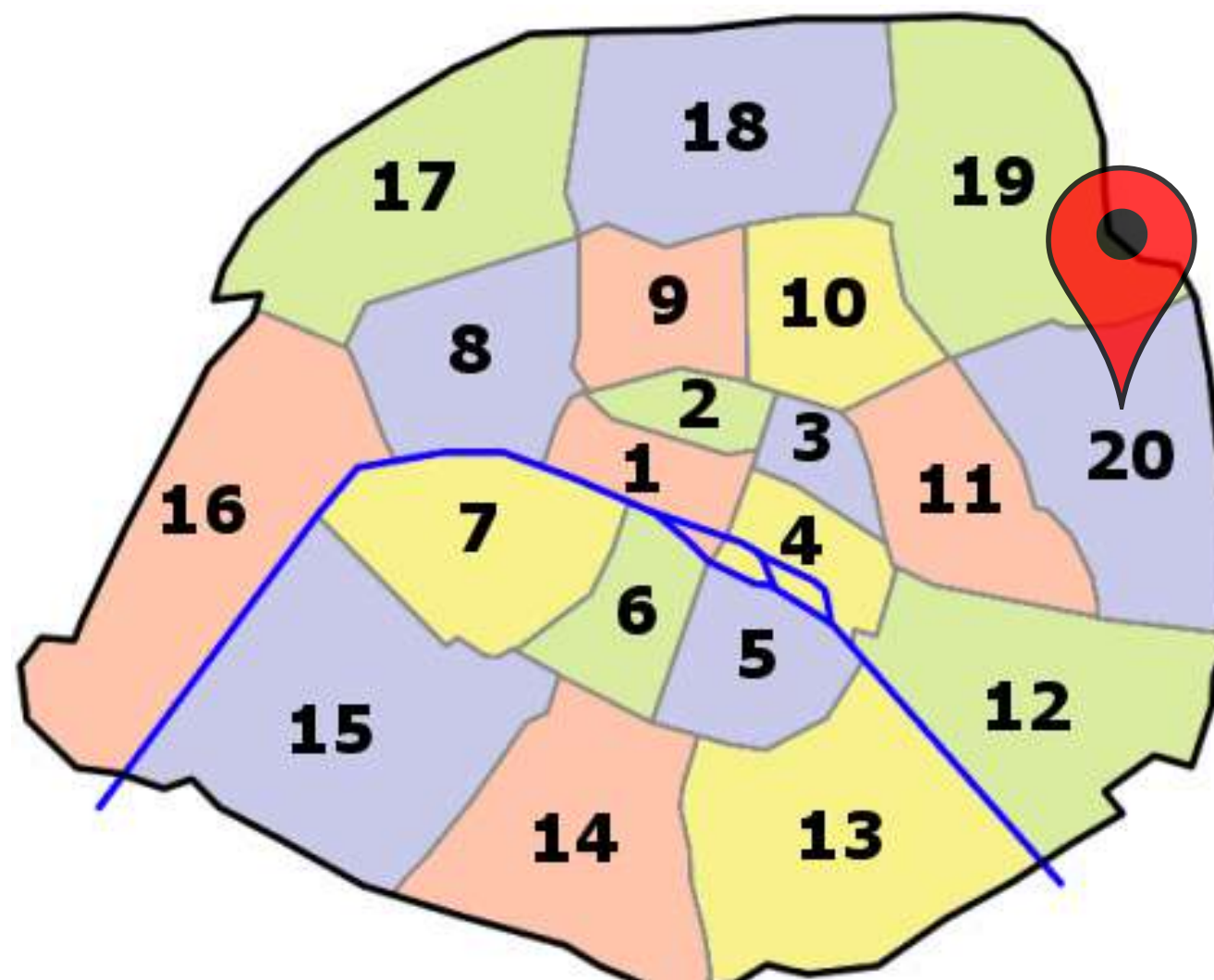


Must-see monuments

Cimetière du Père Lachaise

Libraries

Bibliothèque Mortier
Bibliothèque Louise Michel
Bibliothèque Assia Djebar



For Fun

Point de vue Parc Belleville

Highlights for eating/drinking

Mangez et cassez vous !

This is the cheapest fast food restaurant in Paris: burgers cost €3! There are several addresses.





Green Paris

Despite its density, the French capital offers some lovely parks if you want to chill during the weekend.



1 **Luxembourg Gardens**
Romantic and central.

2

Parc des Buttes Chaumont
One of the most beautiful parks with a lake and a rock. Great for a picnic.



3

Tuileries Garden
Just in Front of the Louvre.



4 - 5

Bois de Boulogne and Bois de Vincennes
Widest parks in Paris – the best for cycling and running!



Have a drink

One, two, three drinks... Here are some good tips for going out in a warm atmosphere and at low prices – even better when it's happy hour.



Rue Mouffetard et Rue Descartes

Take a stroll through one of Paris's oldest neighbourhoods to discover bars full of students. Some good addresses:

- Le Mayflower
- Chapi Chapo
- Le Requin Chagrin.

Jussieu

Close to the Jussieu station, several student bars offer alcohol at good prices:

- Le Nouvel institut
- La Fac
- Aux rattrapages.

MisterGoodBeer!

The MisterGoodBeer app lists all the bars with the cheapest pints in Paris! To enjoy without breaking the bank.



And every Monday night, join us to Royal Est Bar for a Café des Langues with the other international students!

Let's dance!



Paris offers very diverse places to dance until the end of the night: pop, rock, electro, latino, there's something for everyone!

ESN organizes for you international parties in many bars, and even boats: River's King, Bellushi's... Our parties are the best!



The clubs and dance bars are quite busy on weekends, so make sure you're there by 11pm.

Dancing bars

A cheaper option than clubs. Where to go:

- Châtelet
- Saint-Michel/Odéon
- Rue Princesse
- Le Marais (bars LGBT)
- Grands Boulevards
- Pigalle
- Bastille.

The Highlander

Students love these karaoke nights! Get off at Odéon.

How to go back home...

The metro closes at 2am on Fridays and Saturdays. But you can take night buses, Uber or Bolt.

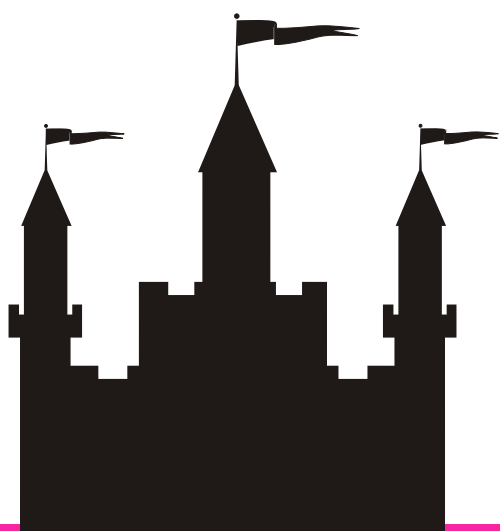


WHAT TO DO AROUND PARIS

The Île-de-France region is as full of activities as its capital!

Château de Versailles

A must-see in French culture at its finest hour. Come and discover the castle of Louis XIV. Easily accessible from Paris by shuttle, train or RER.



Château de Fontainebleau

The famous castle of Fontainebleau, 'must-see' in the Ile-de-France region, will enchant you with its majestic beauty, but also the forest surrounding it is a place to be discovered: from the dog sledding expeditions, climbing, hiking, there is something for everyone!

Château de Vaux-Le Vicomte

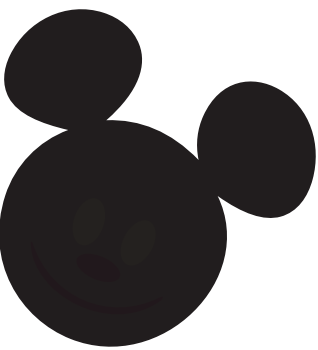
Discover the castle of Nicolas Fouquet, minister of Louis XIV, who, according to the legend, would have driven the king mad with jealousy and inspired the creation of Versailles. Accessible by shuttle bus from Paris.



Disneyland Paris

Another style of castle but one that will make you dream as much.

Dive into the universe from Mickey to Marne-la-vallée Chessy, accessible by RER A from Paris.



Îles de Loisir

If you want to play sports, go for a walk in nature or refresh yourself

during the hot days in the city, enjoy the islands of leisure around Paris! There are more than 12 in Ile de France, easily reached by RER or bus from Paris.

Jardin Albert Khan

Want to discover Japan? In the Albert Kahn gardens, you will find traditional Japanese gardens with geometric shapes, small bridges, and trees in bloom in spring



Temples du bois de Vincennes

In the heart of the Bois de Vincennes, not far from Lake Daumesnil, where Parisians go to relax with sports, picnics or naps in the sun, hides a Tibetan temple and a Buddhist temple



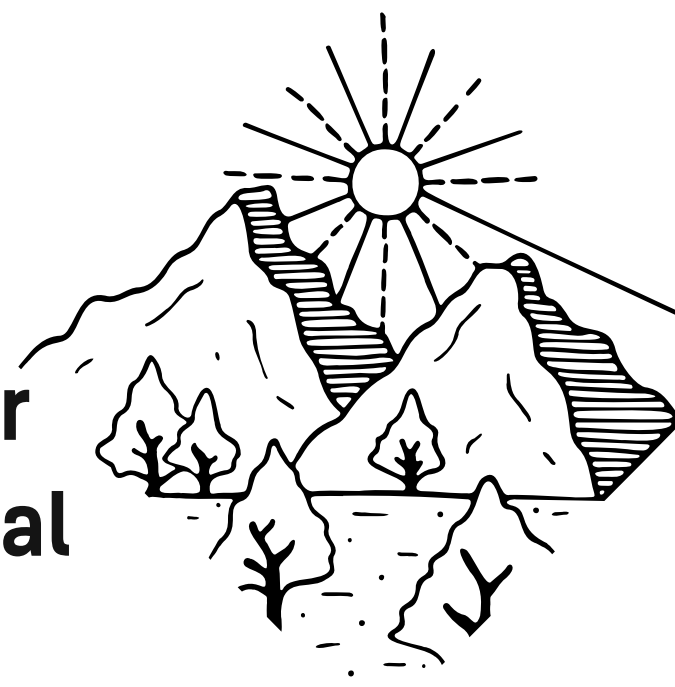
Parc de Sceaux

This is the park of the small castle of Sceaux. A very large and magnificent park with its French gardens, its wooded sides, its central fountain or its cherry blossoms in spring is open to the public every day and it's free! You can get there by RER B

No Limit Adventure

Located in Seine-et-Marne, this leisure park on the edge of Paris will allow you to test your limits. Come and try the biggest footbridge in France, the zip line, tree climbing courses, canoeing and many other activities to discover between friends.

During the Journées européennes du patrimoine (every year on a weekend in September) you can visit up to 1500 historical sites throughout the region for free!



Traveling

**There are so many places to see in France...
These destination ideas may help you!**

City trips...

Lille

A weekend in this student city will allow you to discover its young and festive atmosphere.

Train : 1h / Bus : 2h.



Lyon

Spend some days in Lyon, the second largest city in France.

Train : 2h – SNCF or Trenitalia

Bus : 5h30

To the beach...

Saint-Malo

Going to Saint-Malo is a way to discover Brittany and its beaches!

Train : 2h30.





Étretat

Go to Normandy to see the cliffs of Etretat.

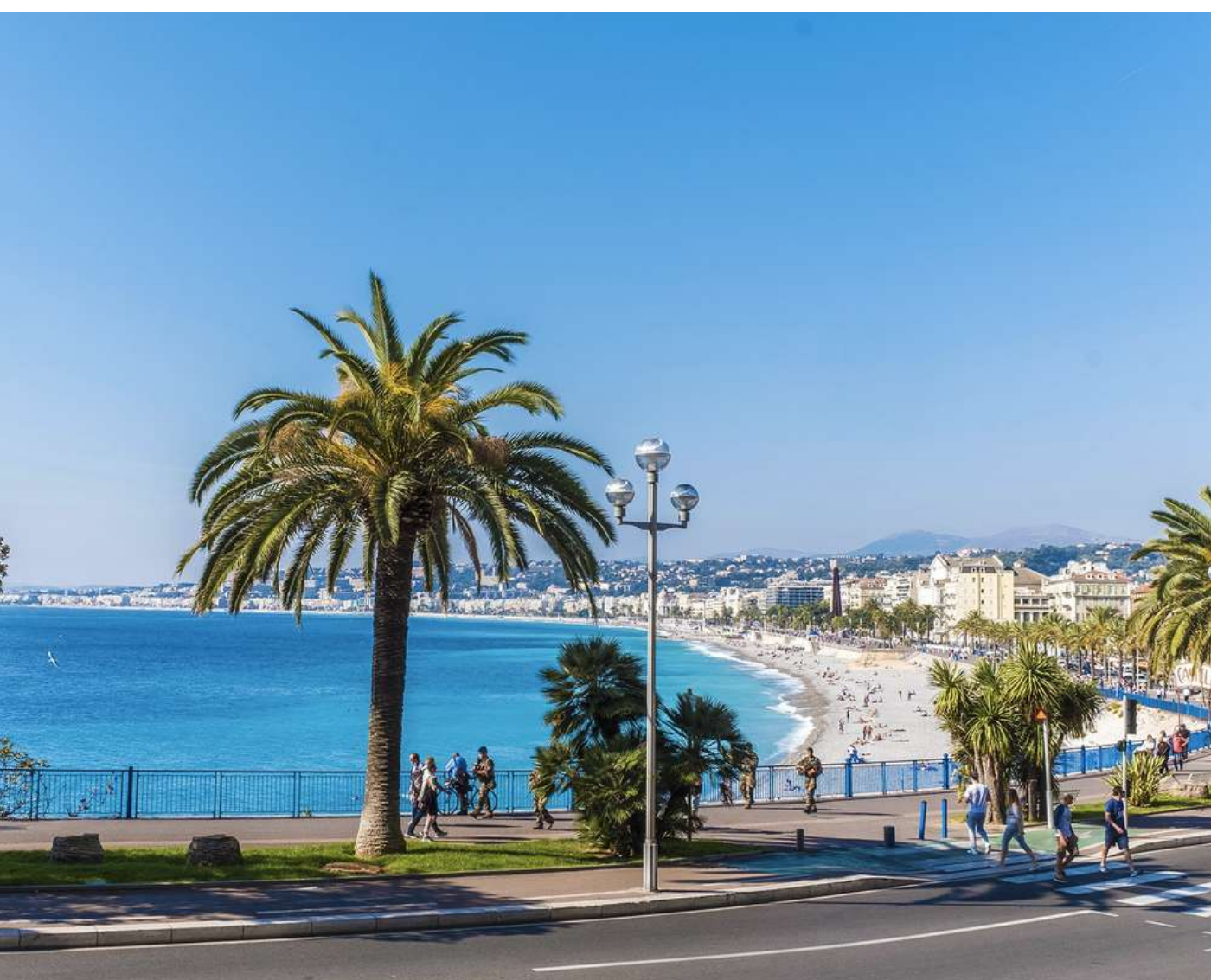
Train : 3h / Bus : 3 – 4h

Bordeaux et Arcachon

In the south west, explore Bordeaux to discover its great architecture.

Then take a train to Arcachon, famous for its dune and its beaches.

Train : 2h until Bordeaux + 1 h until Arcachon.



Nice

Why Nice? Because it is a very beautiful city by the beach, perfect for discovering the French Riviera.

Train : 6h / Plane : 1h30

Marseille

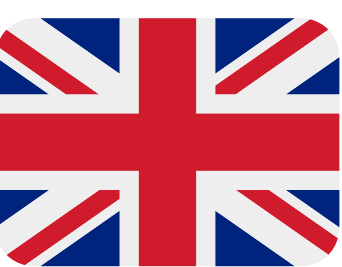
A little closer than Nice. To see in this city: the Old Port and the Calanques.

Train : 3h

Explore Europe...



A few hours by train are enough to reach our neighbors...



London

**So many things to see in London... Note that the plane is really cheaper than the train and don't forget your passport!
Plane : 1h / Train : 2h**



Amsterdam

**The capital of the Netherlands is only a few hours away from Paris.
Train : 3h/ Bus : 6-7h**



Brussels

**To try the Belgian specialties: fries, beer and waffles...
Train : 1h30 / Bus : 4h**



3 great deals

TRAIN

For 49€, the Avantage SNCF card offers 30% discount for 1 year.

BUS

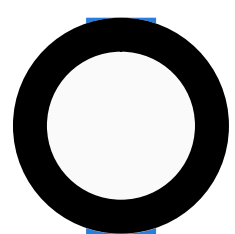
Go to the Student Beans website to get student discounts on Flixbus.

PLANE

With the ESNcard, get a 10% discount and a free bag on Ryanair flights (except July–August).

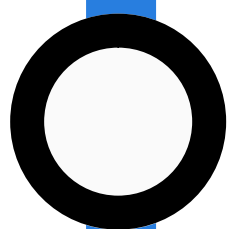


How to get to the airport?



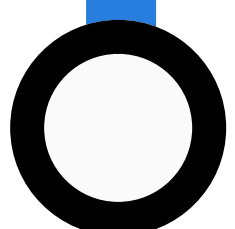
Orly

RER B to Anthony then Orlyval (9€). Convenient from the south of Paris.



Roissy–Charles de Gaulle

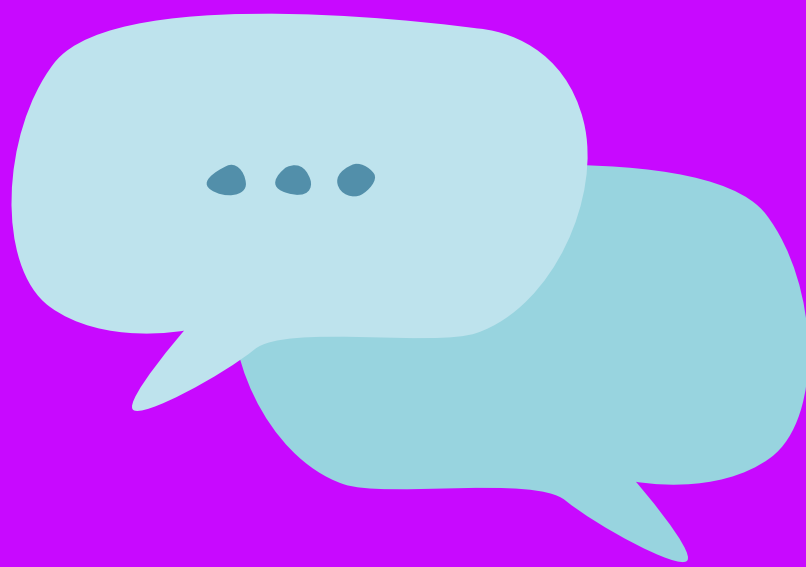
RER B to Charles de Gaulle Airport 1 or 2 depending on the flight.



Beauvais

Bus to Beauvais (17€): more than one hour from Porte Maillot. Only Ryanair flights leave from Beauvais.

TESTIMONIES



International Students



Katharina – Austrian :

So to me ESN Paris means having a community. A community of like-minded people, with similar interests or backgrounds, you bond with and who might even become friends for life I appreciate the work of all the volunteers a lot, organising so many great and different events, to help students / stagiaires or other internationals to create a community and settle in Paris.

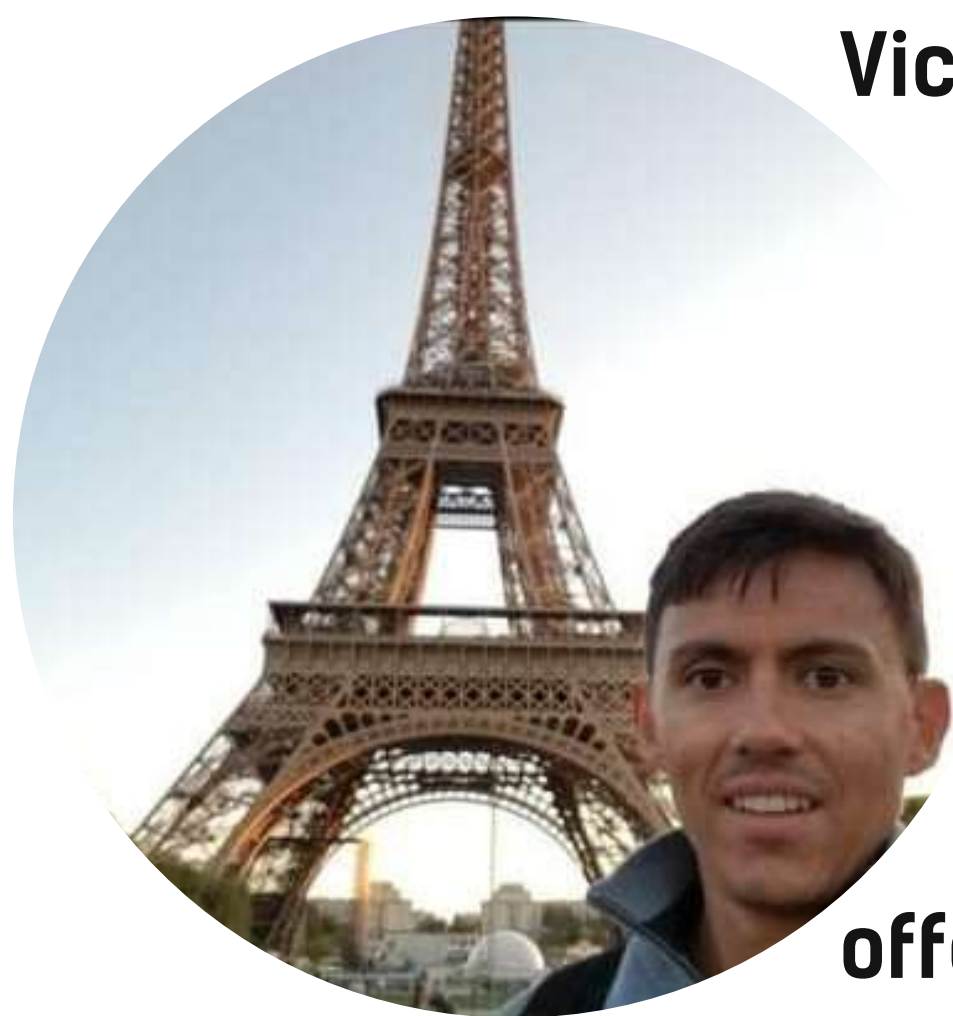
Sara – Italian :

At first, I was extremely afraid to remain alone during my exchange period. Then I discovered ESN Paris and I decided to give it a shot: best decision ever. I really enjoy the environment of friendship and kindness, something that you really miss when you are far from your country. I remember the kindness and penness of ESN members.

Thanks to ESN events I met many cool and interesting people, got to know new cultures, discovered Paris and its beauties, enjoyed and partied, lived a great Erasmus experience.

To me ESN means: kindness, safe place, friends, fun, people, cultures, love, fun, etc. ESN will be your family for this period in Paris, I am sure, and enjoy these moments because being here is not forever, but memories will be.





Victorio – American :

What ESN Paris means to me? It's the perfect place to meet and make new friends from all over the world. You will always find something to do with them throughout your time here. I can say it's been one of the best experiences i have had and I am very grateful for they as an organization have to offer.

Whether its a Monday night at CDL to meet new people, or go on a trip outside of Paris or go to the crazy boat party, you will never be bored. Don't hesitate to reach to the organization as you will have a great time

Zelieus – German/Indian

There are 197 countries in the world, but how many foreigners do you have in your circle of friendship? Have you ever heard things like "the croissants are Austrian", or "we don't congratulate not someone before their birthday in Germany, France, or "you never tell how much someone makes"? These are diverse examples but help to understand the vastness of the world, and people have such great stories to tell! ESN is doing exactly the same thing: bringing the world under one roof. No need to be on vacation, you go into an activity that suits your niche and make companions for the rest of your life!



I loved being part of the community, and you could even participate, all the ideas you have! If that's not enough, almost all events are free, you can practice languages if you're a language enthusiast like me! Believe me, you will have a hard time keeping in touch with a plethora of people! That said, a huge thank you to ESN!

Local Students

Lidia – Honduran :

I had no idea that ESN existed. This year I got to know them thanks to a very good friend, who works for the association. I didn't have to come to the events several times to know that this is a place where you can meet people, find your best friends and, you never know, may your future boyfriend.

I witness that the team within the association are generating very good ideas and events. I would like to thank the ESN association for welcoming students and providing them with everything that international students need to better adapt to a new city, a new life.



An experience that I strongly recommend to all. And I will continue to be part of it to get out of my comfort zone, which is challenging but necessary in all spheres of our lives.

Guillaume – French

I knew ESN during my exchange in Rome as a student. When I returned to Paris I learned that there was also an ESN in Paris. I started attending events because I wanted to get the international contact from my Erasmus back. Going to the ESN events allowed me, in addition to meeting many people, to rediscover Paris and to discover new spots.

I appreciate all the events organized by ESN and especially the Cafés de Langues organized on Mondays, which allow you

to start the week well by talking with new people and, if you want, to party. The activities organized are for everyone: parties, culture, travel, etc. I strongly recommend to participate in the ESN events, you will be welcome, sympathy is always there !





ACKNOWLEDGEMENTS

Thank you !

Guide created by Antonella Micheletti, inspired by Orane Maquin who created the previous guide.

The content was written by: Antonella Micheletti, Nicolas Paulin, Marianne Cuacos, Camille Poinot, Jihane Fares, Florian Le Bouhellec, Geoffroy Alarcon and many volunteers of ESN Paris who helped us with their remarks and comments.

Thanks to all these volunteers!

Last but not least, thanks to all the international students who give us a reason to continue and to develop more and more and push us to provide a quality work.



Team ESN Paris